



Heavy Metal Concentration in White Shrimp *Nematopalaemon hastatus* and their Associated Ecological and Health Risk in the Nigerian Continental Shelf

Bayode P. Omobepade^{1*}, Ademola M. Akinsorotan¹, Adefemi O. Ajibare²,
Eunice M. Ogunbusola³, Tolulope O. Ariyomo¹, Jeremiah O. Jimoh¹,
Kemisola M. Odeyemi¹, Onyinye S. Okeke¹, Michael A. Falabake³
Segun M. Adeniji¹ and Akinola M. Adedapo¹

¹Department of Fisheries and Aquaculture, Federal University Oye-Ekiti, Nigeria,

²Department of Fisheries and Aquaculture, Olusegun Agagu University of Science and Technology Okitipupa, Nigeria,

³Department of Food Science and Technology, Federal University Oye-Ekiti, Nigeria

*Corresponding Author: bayode.omobepade@fuoye.edu.ng

ARTICLE INFO

Article History:

Received: Feb. 26, 2020

Accepted: April 28, 2020

Online: May 2020

Keywords:

Heavy metal;
health quotient;
ecological risk index;
white shrimp;
supply chain

ABSTRACT

Attaining shrimp safety and quality management in developing countries entails the assessment of parameters that determines their level for consumption. Hence, the heavy metal concentration in white shrimp (*Nematopalaemon hastatus*) collected along the supply in the continental shelf of Nigeria and their associated health and ecological risk were evaluated using standard methods. Results indicated that Zinc was the highest (19.38mgkg^{-1} , 56.57mgkg^{-1} and 56.64mgkg^{-1}) heavy metal in the samples collected at landing, processing and marketing segments of the supply chain respectively. The study further indicated that the health quotient and ecological risk index for all the heavy metals evaluated in the *N. hastatus* had values that were less than one (1). This implies that the entire population would not experience the hazard of heavy metal (Cd, Cu, Fe, Pb, Ni, Mn, and Zn) in later life due to the consumption of *N. hastatus*. It equally indicated that the shrimp posed no ecological risk in the Nigerian continental shelf. Hence, the entire human population who consumes/utilize *N. hastatus* can continually depend on the supply of safe *N. hastatus* from the Nigerian continental shelf. The study recommends increased utilization of white shrimp in value-added food products to sustain/attain healthy living and promotion of well-being in Nigeria and in other developing nations.

1.0 INTRODUCTION

Shrimp are highly-priced seafood harvested from coastal tropical and warm-temperature waters and they support commercially valuable fisheries in many areas of the world (Ajani *et al.*, 2013). Due to industrialization and agricultural production, most water bodies that serve as the source of these shrimps most especially in developing

countries are continuously been contaminated with heavy metal release (Oluyemi and **Olabanji *et al.*, 2011**). Hence the threat of metal toxicity to the ecosystem and human population is of great concern (**Abubakar *et al.*, 2015**). Different species of shrimps are available on the continental shelf of developing countries. **Olawusi-Peters *et al.* (2014)** documented that the abundance of species such as African giant shrimp (*Parapenaeopsis atlantica*), Red shrimp (*P. longirostris*) and white shrimp (*Nematopalaemon hastatus*) in Nigeria is of great commercial importance in the country' s continental shelf that cuts across nine states (Akwa-Ibom, Bayelsa, Cross River, Delta, Edo, Lagos, Ogun, Ondo and Rivers) of the federation. However, their utilization and contribution to healthy living are largely influenced by their safety level. This is because they bio-accumulate heavy metals much higher than the level present in the water body and sediments (**Abubakar *et al.*, 2015**). Because of this ecological attribute, a lot of research has been conducted to evaluate the levels of heavy metals in shrimps and other kinds of seafood.

Nematopalaemon hastatus (Aurivillius, 1898) is an important component of the global shrimp supply; most especially in developing countries where it is a major protein source in the diets of coastal and inland inhabitants (**Akinwumi *et al.*, 2011** and **Ajibare *et al.*, 2018**). They are mostly consumed in developing countries in whole dried and powdered form and used in flavouring different types of food including its utilization in the production of weaning diets (**Ajala and Oyategbe, 2013** and **Shehu *et al.*, 2013**). Its supply passes through a similar supply chain for aquatic products (**Bolwig *et al.*, 2008**; **Christensen *et al.*, 2010**; **Matarr *et al.*, 2010**; **Macfadyen *et al.*, 2011**; **Navghan *et al.*, 2017**).

The continuous utilization of the shrimp is, however, a function of their heavy metal concentration as well as the health and ecological risk they pose to human population and aquatic ecosystems (**Baboli and Velayatzadeh, 2013**; **Balfour *et al.*, 2014**, **Abubakar *et al.* 2015**; **Gendy *et al.*, 2015**). Such parameters are used globally in setting standards, controlling quality and checking population status in an aquatic environment (**World Health Organization, 2005**; **Food and Agriculture Organization, 2007**). Institutions such as the Food and Agriculture Organization (FAO), the United Nations Environmental Protection Agency (UNEP) and the World Health Organization (WHO) have set safe limits for heavy metals in food and water (**WHO, 2005**; **FAO, 2007**). In Nigeria, considerable work has been done on the levels of heavy metals in aqua foods from fresh and marine waters (**Ajala and Oyategbe, 2013**; **Bello, 2013**; **Shehu *et al.*, 2013**; **Udo and Opeh, 2013**; **Ajibare *et al.*, 2018**). However, there is inadequate information on the safety levels of the heavy metals in *N. hastatus* collected along the supply chain in the Nigerian continental shelf.

Therefore, this article aims at providing information on the level of heavy metals in the shrimp species and their associated health and ecological risks. This would assist existing and prospective consumers in Nigeria and other developing countries who intend

to source the shrimp species from the different segments of the supply chain to become aware of its safety for consumption. This is very important for developing countries that are currently striving to ensure healthy living and promotion of well-being for all ages; one of the cardinal objectives of the sustainable development goals (**United Nations Development Programme, 2015**).

2.0 MATERIALS AND METHODS

2.1 Description of Study Area

This study was conducted in the Ondo State axis of the Nigerian continental shelf (Fig.1). The area has a coastline of about 180km that empties into the Atlantic Ocean which lies on longitude 5° east to the Nigerian/Cameroon border. It is located at the extreme southern part of Ondo State, South West, Nigeria on Latitudes 6.00° N and $6^{\circ}30' N$ and Longitudes $4^{\circ} 45' E$ and $5^{\circ} 45'$. It covers an area of $1, 318 \text{ km}^2$ with a human population of 290,615 (**National Population Census, 2006**). The major occupation of the people in the area is artisanal fishing on the sea, fish processing and marketing, canoe building, lumbering, farming and petty trading while the major form of transportation is motorized boats and paddled canoe (**Bayode et al., 2011 and Alhaji et al., 2015**). **Solarin et al. (2010)** documented that the area is rich in aquatic resources such as fish, shellfish, reptiles and other biodiversity; most importantly the abundance of White shrimp (*Nematopalaemon hastatus*) with a 75% frequency of occurrence in shrimp landings (**Olawusi-Peters and Ajibare, 2014**).

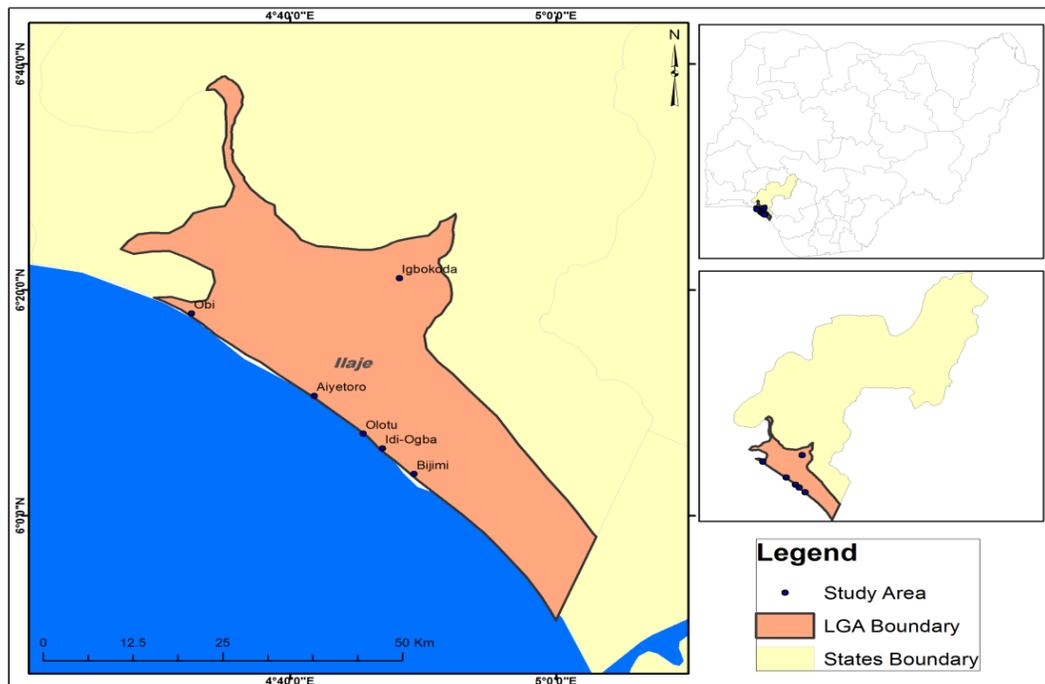


Fig 1. Map Showing Locations where shrimp samples were collected

2.2 Sample Collection

White shrimp samples were collected along the three stages (landing, processing, and marketing) of the supply chain in the Ondo State axis of the Nigerian continental shelf between January and February 2018. Four communities (Ayetoro, Bijimi, Igbokoda and Obi) that were prominent in shrimping, processing and marketing of the shrimp species in the State were purposely selected for this study. Fresh samples caught by artisanal shrimpers on the Nigerian Continental Shelf using stow net and dried via traditional smoking method were collected randomly from the landing and processing sites at Ayetoro (6.1086°N and 4.7711°E) and Bijimi (6.0619°N and 4.8217°E) respectively. Market samples were collected from Igbokoda (6.3529°N and 4.8063°E) and Obi (6.2995°N and 4.5400°E). The fresh shrimp samples were preserved in ice and frozen in the refrigerator at -4°C while samples collected from the processing and marketing areas were kept in desiccators pending laboratory analysis.

2.3 Determination of Heavy Metals and their Associated Health and Ecological Risks

Whole white shrimp samples collected from the different points of the supply chain were dried at 110°C for 48-h. They were digested in a flask containing 2 ml nitric acid and 1 ml of chloric acid for 3 h at 120°C. Digested samples were then diluted with distilled water in the range of standards that were prepared from the stock standard solution of the metals to be measured. After the dilution, heavy and trace metals such as cadmium, calcium, copper, iron, magnesium, manganese, nickel, potassium, sodium and zinc were measured in mgkg^{-1} using atomic absorption spectrometer (model: CELiL, CE2021 U.K). The health risk associated with the heavy metals was assessed by considering the whole white shrimp. This is because they are mostly consumed in the study area and in other developing nations in the whole/powdered form (Bello, 2013). Indices used include ecological risk index, health quotient and health risk index which were determined according to methods described by Sajjad *et al.*, (2009), Okunola *et al.*, (2011) and Abubakar *et al.*, (2014). Health quotient describes the risk associated with the intake of heavy metal in *N. hastatus*. It estimates the hazard heavy metal in the shrimp could have on the human population in their later life. It was determined according to the formula in equation 1:

$$HQ = \frac{W_{\text{prawn}} \times M_{\text{prawn}}}{RfD \times B_0} \quad 1$$

Where: W_{prawn} is the dry weight of the prawn consumed per/day, M_{prawn} is the concentration of heavy metal in the species in mg/kg , RfD is the reference daily dose ($\text{mgkg}^{-1}\text{d}^{-1}$) for cadmium (3.0×10^{-3}), copper (4.0×10^{-2}), iron (7.0×10^{-1}), lead (4.0×10^{-2}), nickel (2×10^{-2}), manganese (1.4×10^{-1}) and Zinc (3.0×10^{-1}) while B_0 is the average weight of the population. For this study an average of 50g, 75g and 100g were recommended as the daily nutritional intake of the prawn for children (0-15kg) between 0 and 5 years, teenagers (45kg) between 6 and 17 years and adults (65kg) who are above 18 years old respectively. To determine the health risk index, the daily intake of metals (DIM) was first determined according to equation 2:

$$\text{DIM} = \frac{\text{Cmetal} \times \text{Dprawn} \times \text{Cfactor}}{\text{Bo}} \quad 2$$

Where Cmetal is the heavy metal in white shrimp in mgkg^{-1} , Dprawn is the nutritional intake of prawn (gday^{-1}), Cfactor is the conversion ratio of fresh to dry weight of *N. hastatus*. A value of 4.75 was computed according to the methods described by **Abubakar et al.** (2014) and the **United States Environmental Protection Agency (2008)**. The health risk quotient was then calculated as the ratio of the daily intake of metals and the reference oral dose as presented in equation 3. Also, the ecological risk quotient presented in equation 4 measures the risk of heavy metal as an indicator of environmental pollution according to methods described by **Isibor and Imoobe (2017)**.

$$\text{HRI} = \frac{\text{DIM}}{\text{RfD}} \quad 3$$

$$\text{ERQ} = \frac{\text{Mprawn (mg/kg)}}{\text{Recommended Limit (mg/kg)}} \quad 4$$

2.4 Statistical Methods

The heavy metal concentration was analyzed by a one-way analysis of variance using the statistical analysis system (University Version). The means and standard error were then separated using Duncan's multiple range test at a probability level of ≤ 0.05 . Means of the health quotient, health risk index and ecological risk quotient were presented in tables and a figure.

3.0 RESULTS

3.1 Heavy Metals and Mineral Concentration in White shrimp at Segments

The Trace and heavy metal concentration in *N. hastatus* collected along the supply chain segments is presented on Table 1. The metals in samples collected at landing were in the following ascending order: $\text{Mn}^{2+} < \text{Ni} < \text{Cd} < \text{Cu} < \text{Pb} < \text{Mg}^{2+} < \text{Fe}^{2+} < \text{K}^+ < \text{Na}^{2+} < \text{Ca}^{2+} < \text{Zn}^{2+}$ while metals in white shrimp collected from processing and marketing sites were in the following descending order: $\text{Zn}^{2+} > \text{Ca}^{2+} > \text{Na}^{2+} > \text{K}^+ > \text{Mg}^{2+} > \text{Fe}^{2+} > \text{Pb} > \text{Mn}^{2+} > \text{Cd} > \text{Ni} > \text{Cu}$. Cadmium in samples taken at landing (0.002mgkg^{-1}), processing (0.003mgkg^{-1}) and marketing areas (0.003mgkg^{-1}) were not significantly different from each other. Copper in samples collected from processing (0.0023mgkg^{-1}) and marketing (0.0024mgkg^{-1}) stages showed no significant differences ($p > 0.05$) but however significantly higher ($p < 0.05$) than the Cu in fresh shrimp collected at landing (0.0013mgkg^{-1}).

Equally, the Iron concentration in fresh samples taken at landing (0.0215mgkg^{-1}) was significantly lower ($p \leq 0.05$) than the values recorded in samples collected from processing (0.0577mgkg^{-1}) and marketing (0.0575mgkg^{-1}) areas respectively. Lead was also similar ($p > 0.05$) in samples collected at processing and marketing (0.025mg/kg) but

significantly higher than Pb in fresh samples (0.016mg/kg). Results further indicated that Nickel concentration was significantly higher ($p < 0.05$) in samples collected at processing and marketing stages (0.0025mgkg⁻¹) than the value recorded at landing (0.0013mgkg⁻¹). Manganese concentration in white shrimp collected at processing and marketing points (0.0062mgkg⁻¹) showed no significant differences ($p > 0.05$) but was significantly higher ($p < 0.05$) than the Mn²⁺ in *hastatus* at collected at landing (0.0007mgkg⁻¹).

Statistically, the concentration of zinc in fresh *N. hastatus* at landing (19.38 mgkg⁻¹) was significantly lower than the concentration in samples collected at processing (56.57 mgkg⁻¹) and marketing (56.64 mgkg⁻¹) stages. Other minerals such as calcium were found to be lowest in fresh shrimp at landing (21.46 mgkg⁻¹) compared with the non-significant values in samples collected from the processing (40.68mgkg⁻¹) and marketing (40.49mgkg⁻¹) stages of the supply chain. Magnesium was found to be lowest in fresh *N. hastatus* (0.02mgkg⁻¹) compared with values recorded in dried samples collected from the processing and marketing (0.23mgkg⁻¹) stages of the supply chain. The amount of potassium in samples collected at processing (6.56mgkg⁻¹) and marketing (6.57mgkg⁻¹) segments of the supply chain were higher than the value recorded in fresh *N. hastatus* at landing (0.25mg/kg). The trend of differences between samples collected at different samples was also reflected in the amount of sodium available in samples along the supply chain. Na⁺ in fresh shrimp at landing (1.15mgkg⁻¹) was significantly lower than the values recorded in samples collected at the processing (19.68mgkg⁻¹) and marketing (19.64mgkg⁻¹) segments.

3.2 Health and Ecological Risk Index of Heavy Metals in *N. hastatus*

The health and ecological risk index of heavy metals in *N. hastatus* collected from the study area are presented in Table 2 and Fig 2 respectively. Table 2 reveals that the children population (<5 years) had the highest health quotient and health risk index for all the heavy metals measured. The HQ for the children was 0.0016, 0.003, 0.000, 0.003, 0.001, 0.000 and 0.005 for Cd, Cu, Fe, Pb, Ni, Mn and Zn respectively. This was followed by the population that ranged between 6 and 17 years old. The population above 18 years old had the least HQ for the metals. The health risk index reflected an individual's risks of heavy metal exposure based on average body weight relative. The results showed that the HRI for cadmium in the three age categories were well above one (1) with values ranging from 14.620 in the category of the age group of ≥ 18 years (66kg) to 31.670 in the age group ≤ 5 years (14kg). A similar trend was observed for copper (Cu) where all HRI values were above one (1) with lowest and highest values of 2.375 and 5.146 observed in age groups of ≥ 18 years (66kg) and ≤ 5 years (14kg) respectively.

Table 1: Heavy Metals and Mineral Concentration in White shrimp along Stages of the Supply Chain

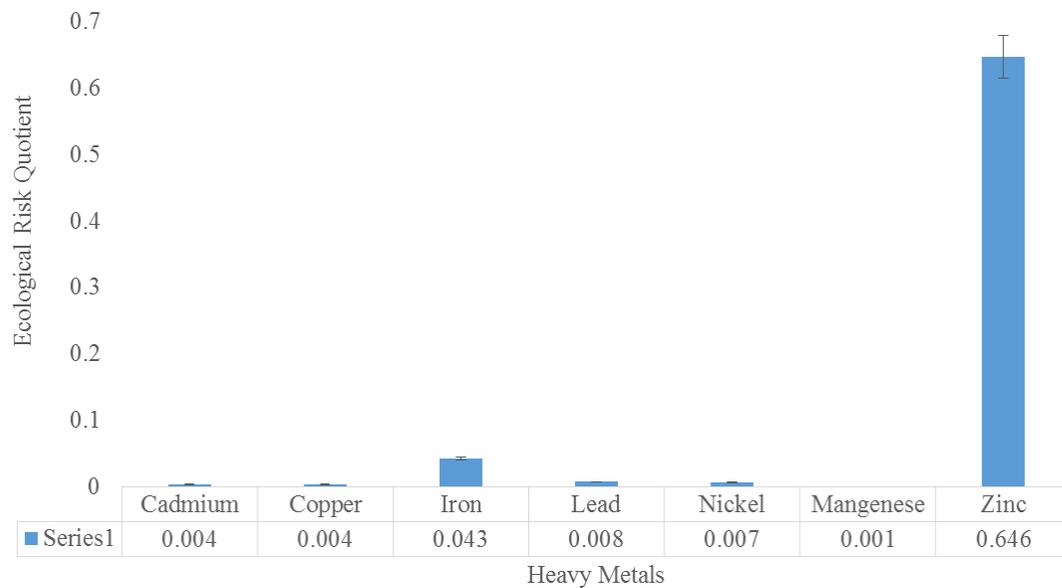
Metals (mg/kg)	Landing	Processing	Marketing	WHO
				Recommended Value
Cadmium	0.0020 ± 0.000 ^a	0.0030 ± 0.000 ^a	0.0030 ± 0.000 ^a	0.50
Copper	0.0130 ± 0.0132 ^a	0.0023 ± 0.0003 ^b	0.0024 ± 0.0131 ^b	3.00
Iron	0.0215 ± 0.0215 ^a	0.0577 ± 0.0021 ^b	0.0575 ± 0.0019 ^b	0.50
Lead	0.0160 ± 0.0030 ^a	0.0250 ± 0.0020 ^b	0.0250 ± 0.0020 ^b	2.00
Nickel	0.0013 ± 0.0002 ^a	0.0026 ± 0.0001 ^b	0.0026 ± 0.0001 ^b	0.20
Manganese	0.0007 ± 0.0004 ^a	0.0062 ± 0.0003 ^b	0.0062 ± 0.0004 ^b	0.50
Zinc	19.3800 ± 0.1500 ^a	56.5700 ± 0.1200 ^b	56.64 ± 0.12000 ^b	30.00
Minerals				
Calcium	21.4900 ± 0.0500 ^a	40.6800 ± 0.0600 ^b	40.4900 ± 0.0400 ^b	
Magnesium	0.0189 ± 0.0002 ^a	0.2278 ± 0.0002 ^b	0.2274 ± 0.0001 ^b	
Potassium	0.2549 ± 0.0005 ^a	6.5625 ± 0.0006 ^b	6.5657 ± 0.0009 ^b	
Sodium	1.1564 ± 0.0004 ^a	19.6800 ± 0.0021 ^b	19.6400 ± 0.0023 ^b	

Mean ± S.E with different superscripts along rows are significantly different from each other (p < 0.05)

HRI for Fe was lower than one (1) in an individual with an average weight of 66kg (0.225) and 44kg (0.243) but was higher than one (1) in an individual having an average weight of 14kg (4.863). The values of HRI for Pb were all higher than one (1) in the three categories of age group as shown in Table 4. The table shows that HRI for Pb was 2.923, 3.167 and 6.333 in categories of 66kg (≥18 years), 44kg (6-17 years) and 14kg (≤ 5 years) respectively. Also, HRI for Mn was lower than one (1) in individuals of the average weight of 66kg (≥ 18 years) and 44kg (6-17 years) with values of 0.037 and 0.040 respectively but was higher than one (1) in the category of 14kg (≤ 5 years). The Ecological risk quotient (Fig. 2) had a pattern of Zn > Fe > Pb > Ni > Cu ≥ Cd > Mn that was similar trend to the mean concentration in the shrimp i.e. Zn > Fe > Pb > Ni ≥ Cu > Mn > Cd. This pattern shows that Zn (0.646) had the highest while the lowest was observed in Mn (0.001).

Table 2: Health Risk Assessment of Heavy Metals in *N. hastatus*

Metal	Mean \pm SE (mg/kg)	Individuals	AW	HQ	HRI
Cadmium	0.002 \pm 0.000	\geq 18 Years	66kg	0.004	14.62
		6 - 17 Years	44kg	0.005	15.83
		\leq 5 Years	14kg	0.016	31.67
Copper	0.013 \pm 0.013	\geq 18 Years	66kg	0.001	2.375
		6 - 17 Years	44kg	0.001	2.573
		\leq 5 Years	14kg	0.003	5.146
Iron	0.0215 \pm 0.022	\geq 18 Years	66kg	0.000	0.225
		6 - 17 Years	44kg	0.000	0.243
		\leq 5 Years	14kg	0.000	4.863
Lead	0.016 \pm 0.003	\geq 18 Years	66kg	0.001	2.923
		6 - 17 Years	44kg	0.001	3.167
		\leq 5 Years	14kg	0.003	6.333
Nickel	0.0013 \pm 0.000	\geq 18 Years	66kg	0.001	4.75
		6 - 17 Years	44kg	0.000	5.146
		\leq 5 Years	14kg	0.001	1.029
Manganese	0.0007 \pm 0.000	\geq 18 Years	66kg	0.000	0.037
		6 - 17 Years	44kg	0.000	0.04
		\leq 5 Years	14kg	0.000	7.916
Zinc	19.38 \pm 0.150	\geq 18 Years	66kg	0.119	472.1
		6 - 17 Years	44kg	0.172	511.4
		\leq 5 Years	14kg	0.005	1023

**Fig 2: Ecological Risk indices of pollutants**

4.0 DISCUSSION

4.1 Heavy Metals and Mineral Concentration in White shrimp at Segments

The detection of low cadmium concentration along the three stages of the shrimp supply chain could be attributed to the less agricultural and industrial activities which have been identified as a major source of wide dispersion into the aquatic environment (Şireli *et al.*, 2006). Results from this study indicated that the values of Cd recorded in samples along the supply chain were lower than the levels (0.5mgkg^{-1} and 0.2mgkg^{-1}) recommended by WHO (2005) and FAO (2007) for consumption in shrimps. Moreover, similar studies in *P. martia*, *P. edwardsii* and *A. antennatus* (Olgunoglu *et al.* 2015) and *P. semisulcatus* (Heidarieh *et al.*, 2013) did not detect Cadmium. However, Cd was discovered in other shrimp species reported by different authors across the world. Gokoglu *et al.* (2012) recorded a 2.36mgkg^{-1} of Cd in *P. semisulcatus*; $0.23\text{-}0.79\text{mgkg}^{-1}$ in *P. longirostris*; (Gokoglu *et al.* 2008 and Kulcu *et al.* 2014); 0.88mg/kg in *P. serratus* (Kulcu *et al.* 2014) and 1.56mgkg^{-1} in *P. martia* (Oksuz *et al.*, 2009). Similarly, the amount of copper measured in the samples was lower than the maximum value 20mgkg^{-1} and 3.0mgkg^{-1} recommended for human consumption by the Turkish Food Legislation (Baboli and Valeyatzadey, 2013) as well as WHO (2005) and FAO (2007). Such a trace amount recorded in the shrimp samples could assist consumers in carbohydrate metabolism and the functioning of more than 30 enzymes in the human body (Camara *et al.*, 2005).

Iron concentration in fresh samples taken at landing (0.0215 mgkg^{-1}) was significantly lower ($p \leq 0.05$) than the values recorded in samples collected from processing (0.0577mgkg^{-1}) and marketing (0.0575 mgkg^{-1}) areas respectively. This might be attributed to the reduction in the moisture content of the samples. Iron contents in the samples along the supply chain were lower than the Fe^{2+} reported by Baboli and Velayatzadey (2013) in *F. merguensis* (15.13 mgkg^{-1}), *P. martia* (0.456 mgkg^{-1}), *P. edwardsii* (0.619 mgkg^{-1}) and *A. antennatus* (1.609 mgkg^{-1}). Iron in white shrimp below the recommended level (0.50mgkg^{-1}) has different functions in the body (WHO, 2005; FAO, 2007). It serves as a carrier of oxygen to the tissues from the lungs by red blood cell haemoglobin, as a transport medium for electrons within cells, and as an integrated part of important enzyme systems in various tissues (Camara *et al.*, 2005).

The low level of lead in the *N. hastatus* samples along the supply chain could be attributed to the low level of lead concentration in the marine ecosystems where the shrimp were harvested. This implies that the environment has not been polluted via boat exhaust systems, oil spills and other petroleum compounds from mechanized boats employed in fishing in the study area. This may equally arise from the fact that lead was only detected in trace amounts in their habitats or these elements are not biomagnified in tissues (Gendy *et al.*, 2015). Comparatively, the level of lead recorded in all the samples along the supply chain were lower than the value (2mg/kg) recommended by WHO (2005) and FAO

(2007) and also different from Pb reported by **Olgunoglu *et al.* (2015)**, **Kulcu *et al.* (2015)**, **Udo and Opeh (2015)** and **Tawfik *et al.* (2013)** in *Aristaemorpha foliciacea* (0.43mg/kg), *Merlicertus kerathurus* (4.26mg/kg), *Macrobranchium vollenhovennii* (0.01mg/kg), *Macrobranchium rosenbergii* (0.133µg/g), raw and cooked *Penaeus monodon* (0.008 and 0.006 µg/g).

The level of Nickel in *N. hastatus* collected at all the three stages were below the value (0.05mgkg⁻¹) recommended by **WHO (2005)** and **FAO (2007)**. This value was however higher than the Ni reported by **Tawfik (2013)** for fresh (0.020µgg⁻¹) and cooked (0.080 µgg⁻¹) black tiger shrimp (*P. monodon*). The Ni recorded in all the samples were lower when compared with similar studies by **Yarsan *et al.* (2014)** and **Soegianto and Hamami (2007)** who reported higher Ni in *P. semisulcatus* (0.52mgkg⁻¹) and *P. merguensis* (18.95mgkg⁻¹) respectively. Nickel is quite abundant in the Earth's crust; it enters water surface from the dissolution of rocks and soils, biological cycles, atmospheric fallout, and especially from industrial processes and waste disposal and it does not display trends indicative of large anthropogenic contribution to the sediments (**Gokoglu *et al.* (2008)**). Therefore, the lower levels Ni recorded in samples at all the segments of the supply chain could be as a result of little or non-availability of activities that can increase Ni production as described by **Gokoglu *et al.* (2008)**.

Manganese at all the three segments of the supply chain was below the value (0.05mgkg⁻¹) recommended by **WHO (2003)** and **FAO (2007)**. It was equally lower than the Mn²⁺ reported by **Gokoglu *et al.* (2008)** in *Penaeus semisulcatus* (0.60 mgkg⁻¹), 0.72-1.52mgkg⁻¹ in *Parapenaeus longirostris* (**Oksuz *et al.* 2009**), 0.25mgkg in *Paleomon serratus* (**Gokoglu *et al.* 2008**), 50.5mgkg⁻¹ in *Penaeus monodon* (**Dayal *et al.* 2013**), 0.15mgkg⁻¹ in *F. merguensis* (**Pournag and Amini, 2001**), 0.17mgkg⁻¹ in *P. monodon* (**Bin-Mokhtar *et al.* 2009**), 0.1mgkg⁻¹ in *F. merguensis* (**Baboli and Velayatzadeh, 2013**) and 0.14mgkg⁻¹ in *Plesionika martia* (**Oksuz *et al.* 2009**).

Furthermore, the similarity in the concentrations of Zn at the processing and marketing stages of the white shrimp value chain is an indication that no significant Zn was lost between processing and marketing stages. Zn content recorded in shrimp collected at landing was below the value (30mgkg⁻¹) recommended by **World Health Organization (2005)** and **Food Organisation (2007)** but the value in samples at processing and marketing areas were however higher than the recommended admissible values by World Health Organization and the Food and Agriculture Organization. This implies that white shrimp is an excellent source of Zn. Since *N. hastatus* is mostly consumed in smoked form, the increase in the value of Zn²⁺ in samples collected at the processing and marketing segments is significant for supplementing zinc-deficient diets (**Tawfik, 2013**).

Also, calcium recorded in all the samples were lower than the values reported by Bello (2013) in fresh (1300mgg⁻¹), sundried (1450mgg⁻¹), boiled (1500mgg⁻¹) and smoked (1150mgg⁻¹) *P. notialis*. Higher Ca²⁺ was equally reported by **Dayal *et al.* (2013)** and **Hog *et***

al. (2006) in *P. monodon* (107.3mgg^{-1}) and *Metapenaeus monoceros* (92mgg^{-1}) respectively. Magnesium in samples collected at the processing and marketing segments of the value chain was similar (0.23mgkg^{-1}) and higher than the Mg^{2+} in the fresh samples (0.02mgkg^{-1}). Equally, potassium was found to be significantly higher in dried samples collected at processing and marketing areas than K^+ recorded in fresh *N. hastatus*. A similar trend was reported for Sodium in the shrimp species in this study. The amount of Mg^{2+} reported in the samples along the supply chain was however lower when compared with similar studies conducted by **Bello (2013)** who reported higher Mg^{2+} in fresh (540.33mgg^{-1}), sundried (650mgg^{-1}), boiled (570.35mgg^{-1}) and smoked (515.23mgg^{-1}) *P. notialis*. These values were lower compared with the K^+ reported by **Bello (2013)** in fresh (350.75mgg^{-1}), sundried (342.78mgg^{-1}), boiled (335.75mgg^{-1}) and smoked (250.50mgg^{-1}) in *P. notialis*. Also, Na^+ recorded in the current study was lower when compared with the Na^+ reported by **Bello (2013)** in fresh *P. notialis* (230.38mgg^{-1}), sundried (240.35mgg^{-1}), boiled (210.22mgg^{-1}) and smoked (245.35mgg^{-1}) *P. notialis*.

4.2 Health and Ecological Risk Index of Heavy Metals in *N. hastatus*

The Health quotient estimated for the three different populations in the later life for all metals and categories had values (0.000-0.172) of less than one (1). This implies that the entire population would not experience the hazard of heavy metal (Cd, Cu, Fe, Pb, Ni, Mn, and Zn) in later life due to the consumption of *N. hastatus*. **Li et al. (2014)** stated that a high value of hazard quotient poses relatively high potential health risks to human beings especially for those residing in areas with serious metal pollution. **Onuoha et al., (2016)** also reported that even though the HQ-based assessment method does not provide a quantitative estimate for the probability of an exposed population experiencing a reverse health effect, it indeed indicates the risk level due to exposure to pollutants.

The health risk index reflected an individual's risks of heavy metal exposure based on average body weight relative. The results showed that the HRI for cadmium in the three age categories were well above one (1) with values ranging from 14.620 in the category of the age group of ≥ 18 years (66kg) to 31.670 in the age group ≤ 5 years (14kg). A similar trend was observed for copper (Cu) where all HRI values were above one (1) with lowest and highest values of 2.375 and 5.146 observed in age groups of ≥ 18 years (66kg) and ≤ 5 years (14kg) respectively.

HRI for Fe was lower than one (1) in an individual with an average weight of 66kg (0.225) and 44kg (0.243) but was higher than one (1) in individuals having an average weight of 14kg (4.863). This implies that individuals of an average weight of 14kg or aged 5 years and below that consume white shrimps from the coastal areas of Ondo state Nigeria would be exposed to a health hazard of Iron (Fe) in later life while others would benefit Iron nutrient from the consumption of *N. hastatus* (from the study area) as recommended for daily intake in this study. According to **Isibor and Imoobe (2017)**, impermissible dietary levels of iron (Fe)

may have many implications which include multi-system organ failures, convulsion, coma and ultimately death in man.

The values of HRI for Pb were all higher than one (1) in the three categories of age group as shown in Table 4. The table shows that HRI for Pb was 2.923, 3.167 and 6.333 in categories of 66kg (≥ 18 years), 44kg (6-17 years) and 14kg (≤ 5 years) respectively. This observation is in line with Onuoha *et al.*, (2016) who further stated that the ingestion of Pb through the consumption of food organisms may cause mental retardation among children and also hypertension in pregnant women. The values obtained for HRI of Nickel were also all above one (1) even though the value (1.029) obtained for the category of individuals with an average weight of 14kg (≤ 5 years) was slightly above one (1).

Also, HRI for Mn was lower than one (1) in individuals of the average weight of 66kg (≥ 18 years) and 44kg (6-17 years) with values of 0.037 and 0.040 respectively but was higher than one (1) in the category of 14kg (≤ 5 years). This implies that the children (of the study area or) who consume the shrimp species under study are exposed to the health risk of manganese. According to Isibor and Imoobe (2017), excess consumption of manganese will cause poor cognitive performance in school children and neurological disorders similar to Parkinson's disease. The results of HRI for Zn had values that were far greater than one (472.1 in ≥ 18 years – 1023.0 in ≤ 5 years). This implies that any individual that consumes *N. hastatus* from the study area is exposed to the health risk of Zn.

Finally, for hazard quotient, the results proved that the ratios of heavy metals (Cd, Cu, Fe, Pb, Ni, Mn, and Zn) were below the value of one (1) and this means that these metals would not pose any serious health hazards on the consuming population in the later life. Whereas, HRI revealed that the consumers of shrimps from the study area would be exposed to a high loading dose of cadmium, copper, lead, nickel, and zinc at all levels while only the groups of children (≤ 5 years/14kg) would experience the impact of iron and manganese. These are at variance with the findings of **Abubakar *et al.*, (2014)** who observed HQ values higher than one (1) and HRI values of less than one (1) for the muscle/tissue of imported frozen fish *Trachurus Murphyi* species sold in Zaria metropolis, Nigeria.

Results of the ecological risk indices showed that *N. hastatus* in this study posed no ecological risk to the environment since all the observed values were significantly less than one (1). Also, shrimps are organisms that are naturally rich in Zinc (**Ajibare *et al.*, 2018**), hence the high (but permissible) concentration was not a surprise. **Abubakar *et al.*, (2014)** reported that human activities such as industrial, agricultural and domestic activities may render a high concentration of heavy metals in the water body. In this study, the levels of the examined heavy metal in *N. hastatus* were considerably lower than the safety limits recommended by **World Health Organization (2005)** thus the study area can be considered to be ecologically stable. However, the fact that all examined metals were detected in the shrimp species is an indication that the study area is under stress since the physiochemistry of

an aquatic environment is the background factor that influences the kinetics of heavy metals (Ajibare, 2018).

5.0 CONCLUSION

This study provided information on heavy metals concentration in white shrimp and their associated ecological and health risk for existing and prospective processors, consumers and feed manufacturers who desire to buy the species at any of the segments of the supply chain in the Ondo axis of the Nigerian continental shelf. All the metals detected except Zinc were below the values recommended by FAO and WHO. All the metals estimated had health quotient and ecological risk index that were less than one. This implies that the entire population would not experience the hazard of heavy metal (Cd, Cu, Fe, Pb, Ni, Mn, and Zn) in later life due to the consumption of *N. hastatus*. It equally indicated that the shrimp posed no ecological risk in the Nigerian continental shelf. Hence, the entire human population who consumes/utilize *N. hastatus* can continually depend on the supply of safe *N. hastatus* from the Ondo axis of the Nigerian continental shelf.

ACKNOWLEDGMENTS

The authors appreciate the contributions of Dr Adewale Adeniji of the Department of Crop Science and Horticulture, Federal University Oye-Ekiti, Nigeria for his suggestion in enhancing the scope of this work. We equally appreciate the Central Research Laboratory of the Federal University of Technology Akure for their support during the analytical sections.

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