

## Marine, freshwater, and terrestrial snails as models in the biomedical applications

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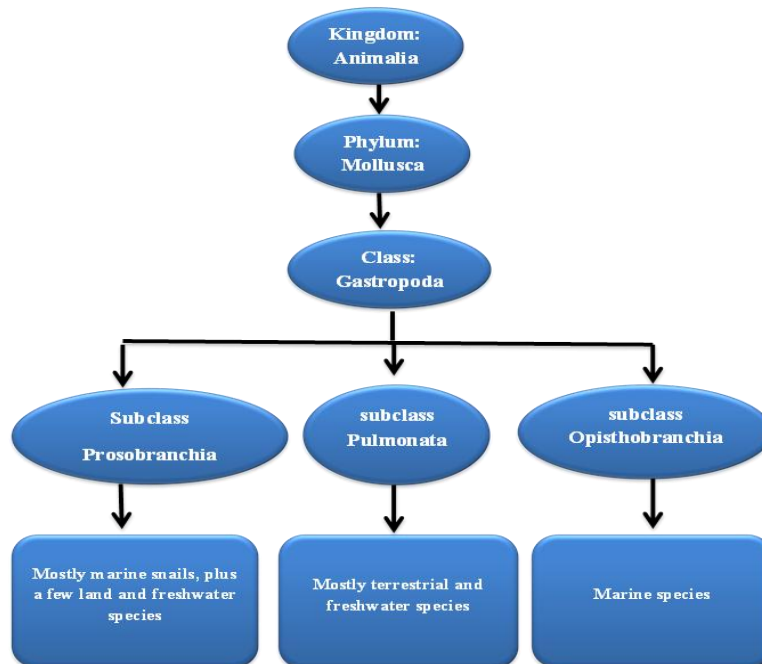
### ABSTRACT

A snail is a member of the molluscan gastropods that has a cosmopolitan distribution, inhabiting marine, freshwater and terrestrial habitats. The present review highlights the importance of the snails as they have medical and veterinary applications, besides being considered as excellent indicators of ecosystem health like *Biomphalaria* sp., and *Lymnaea stagnalis* freshwater snails. Also, snails have been proved to be excellent models in neurophysiology, especially on learning and memory formation like *Aplysia californica* marine snail and *Lymnaea stagnalis* freshwater snails. Marine snails produce antimicrobial secondary metabolites that exhibit anticancer, antibiotic, antiviral, neurotoxic, or anti-inflammatory properties. These materials can be obtained from the extracts of *Babylonia spirata*, *Buccinulum corneum*, *Buccinum undatum*, *Littorina littorea* “called littorerin”, *Haliotis laevigata* or *H. rubra*, *Murex pectin*, *Tegula gallina*, conotoxins released from *Conus magus*, and hemocyanins of *Rapana venosa* snails. Freshwater snails have many bioactive compounds that have antimicrobial activity. These materials like, the extracted proteins from *Bellamyia dissimilis*, *Bithynia pulchella*, *Melanoides tuberculata*, and *Pila* sp, mucus extracted from *Pomacea canaliculata* and *Faunus ater*; or the hemolymph of *Pomacea insularium* snail. Terrestrial snails can be used in the traditional medicine as they have pharmacologically active compounds, like mucus from *Helix* sp., *Achatina achatina*, *Achatina fulica*, and *Eremina desertorum* snails, or proteins extracted from *Cryptozonia bistrialis* snails. Conclusively, snails have a lot of biomedical, nutritional and economic importance.

### INTRODUCTION

A snail is a word used for most of the members of the molluscan gastropods that has a calcareous shell that is large enough to contain the animal body (Jörger *et al.*, 2010). It can be found in every continent on Earth, inhabiting marine, freshwater and terrestrial habitats (Burnie and Kindersley, 2011; Sao Mai, 2014). These snails were characterized by their biomedical and nutritional efficacies, and then the present review will make a spot on some of these important usages and properties. These snails varied in

their sizes from small to medium. The smallest known snail in the whole world is an adult *Acmella nana* that measuring only 0.79 millimeter in size (Vermeulen *et al.*, 2015). The largest known land gastropod is the African giant snail *Achatina achatina*, the largest recorded specimen was 39.3 centimeters from snout to tail when fully extended with a shell length of 27.3 cm (Páll-Gergely *et al.*, 2015). They characterized by their slow movemen. They served an important role in the ecosystem as some are herbivores, omnivores, and carnivores. Although they are hermaphrodites, they have to mate with another snail in order to fertilize their eggs (Pavlova, 2001). They have considerable human relevance, including as food resources, pests, and vectors of disease. Their shells are used as decorative objects and are incorporated into jewelry (Sahley *et al.*, 1981). Malacology is a Greek word means the study of the soft body invertebrates especially the mollusks (Prié, 2019). Molluscs possess a wide range of species living in marine, terrestrial, and freshwater habitats (Hayes *et al.*, 2009) like slugs, snails, squid and octopus (Sturm *et al.*, 2006). Medical malacology is concerning with mollusks with medical, veterinary, and agricultural applications. Some mollusk can serve as an intermediate host of parasitic diseases, as schistosomiasis and fascioliasis (Fig. 1) (Vinarski, 2014).



**Fig. (1):** Classification of snails.

## Phylum Mollusca

The name came from the Latin word molluscus meaning soft bodies. It is the second largest invertebrate phylum after the Arthropoda, comprising more than 400,000 species (Sao Mai, 2014; Vinarski *et al.*, 2020). Marine mollusks represented about 23% of all marine species. Geographically, molluscs are widespread in all continents, except of Antarctic. They inhabited all types of the environments; terrestrial, marine and freshwater

habitat, but patterns of their diversity and distribution are different in various regions (Neubauer *et al.*, 2015). They have many commercially and nutritionally important. Because of their advanced nervous system, molluscs were used in the field of neurobiology in the 20<sup>th</sup> century (Rivi *et al.*, 2020). Not all the interactions between man and molluscs are to man's benefit however, slugs and snails are in some places serious pests of crops, and are often a nuisance in people's gardens. Some can help in spreading of diseases by acting as the intermediate host like *Biomphalaria alexandrina* snails in schistosomiasis *mansoni*. Phylum Mollusca is a very diverse (85,000 species) group of mostly marine species (Vinarski *et al.*, 2020), with a variety of morphological variations. This phylum can be segregated into eight classes (Dang *et al.*, 2015) including Gastropoda, Bivalvia, Scaphopoda, Cephalopoda, Polyplacophora, Monoplacophora, Caudofoveata, and Solenogastres.

### **Class Gastropoda ("stomach foot")**

It is the largest class of molluscs, comprising over 80% of all molluscs. It includes snails and slugs (Strong *et al.*, 2008). Within the gastropods, there are three subclasses (Fig. 1). Although 60-70% of molluscs are marine (Bieler, 1992), they are also well represented in freshwater and terrestrial habitats (Hayes *et al.*, 2009) and have a biomedical and veterinary importance, since they act as the intermediate hosts for some parasitological diseases (Pirger *et al.*, 2018). Gastropods are considered excellent indicators of ecosystem health in general, and they can act as early warning sentinels of habitat deterioration because they are sensitive to changes in their environment (Tallarico, 2015). Also, they have been confirmed to be brilliant model animals because they are sensitive to anthropogenic inputs, globally distributed, have biochemical pathways that are similar to the vertebrate systems (Pirger *et al.*, 2018). Also, terrestrial, marine and freshwater snails have proved to be excellent models in neurophysiology and behavioral ecology, due to their "simple" nervous system (Benjamin, 2012). Gastropod model organisms can mirror the alteration in the neurobiology, especially on learning and memory formation (Coustau *et al.*, 2015). *Lymnaea stagnalis* (pond snail) have been used in the pollution biomonitoring programs, and in wide ranges of ecotoxicological experiments (Pirger *et al.*, 2018).

### **Marine snails as models for Biomedical Research**

Sea snails or marine gastropods are used as a food source and as a treatment for a wide range of medicinal conditions (Ulagesan and Kim, 2018). Also, they have been used as models in biomedical research (Pati *et al.*, 2015). These organisms have attracted special attention in the last three decades for their ability to produce interesting pharmacological active compounds. All marine organisms have the potential to produce antimicrobial secondary metabolites (Kaviarasan *et al.*, 2012), like sterols, polypropionates, alkaloids, terpenes, fatty acid derivatives, and macrolides (Dang *et al.*, 2015). Marine natural products as well as fungal extracts exhibit a wide range of pharmaceutically relevant bioactivities, including anticancer, antibiotic, antiviral, antimicrobial,

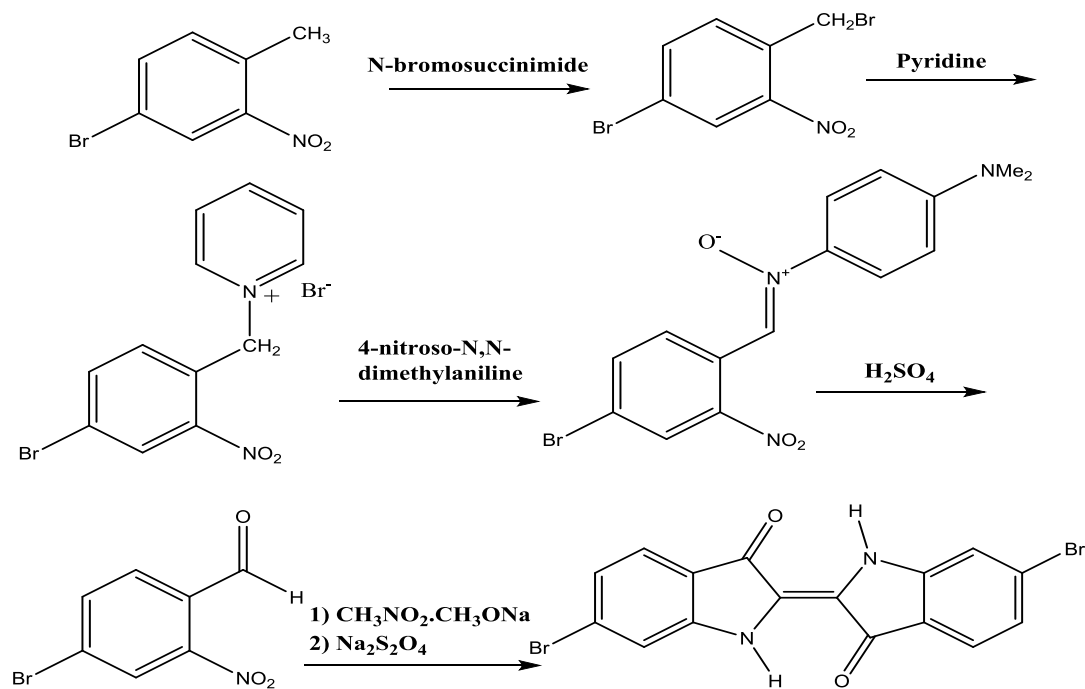
antioxidant, antibiofilm, larvicidal, snailicidal, antiaflatoxigenic, neurotoxic, or anti-inflammatory properties (El-Neekety *et al.*, 2016; Hathout *et al.*, 2016; Abdel-Aziz *et al.*, 2018; Abdel-Wareth and Ghareeb, 2018; Abdel-Wareth *et al.*, 2019a,b; Ghareeb *et al.*, 2019; Shawky *et al.*, 2019; Ghareeb *et al.*, 2020a; Hamed *et al.*, 2020; Elkhoully *et al.*, 2021). Overall, the secondary metabolites that have been investigated were only from a tiny proportion (<1%) of molluscan species (Benkendorff, 2010; Benkendorff, 2014). Some biomedical applications of marine snails are summarized in Table 1 (Li, 1960; Orlando *et al.*, 1996; Health, 1999; Defer *et al.*, 2009a, 2009b; Velkova *et al.*, 2009; Benkendorff, 2010; Nesterova *et al.*, 2010; Nesterova *et al.*, 2011; Periyasamy *et al.*, 2012; Akhmedov *et al.*, 2014; Benkendorff *et al.*, 2015; Dang *et al.*, 2015; Turner *et al.*, 2018; Ghareeb *et al.*, 2020b). *Aplysia californica* marine snail can be used as an excellent model in neurobiological and behavioral studies. It has a simple brain and large nerve cells that have confined locations. The presence of a single synaptic connection can lead directly to better understanding of learning processes and memory storage (Health, 1999; Akhmedov *et al.*, 2014). Marine natural products have a wide range of pharmaceutically bioactivities (Petersen *et al.*, 2020). The Crude tissue extracts of *Babylonia spirata* marine snails have antimicrobial activity against nine bacterial and three fungal pathogens (Periyasamy *et al.*, 2012). Most marine snail extracts that showed antiviral activities were glycopeptides or peptides (Dang *et al.*, 2015). *Buccinum corneum* Kelletin A, has antiviral activities through inhibition of viral transcription and DNA/RNA synthesis (Orlando *et al.*, 1996).

The extracts from the whole Whelk have acidic properties which are responsible for its antibacterial and antiviral activities against human viruses (Defer *et al.*, 2009a). The lyophilized fractions of *L. littorea* called littorerin showed antibacterial and antiviral activities against human viruses (Defer *et al.*, 2009b). Aqueous extract of the abalone *Haliotis laevis* or *H. rubra* showed antiviral activities against polyomavirus, influenza A virus, and poliovirus (Li, 1960; Benkendorff, 2010). The extracts of *Tegula gallina* showed antibacterial and antiviral activities (Dang *et al.*, 2015). The Muricidae family of marine Mollusca produced the ancient dye tyrian purple (Fig. 2), and they were used in the traditional medicines. Extracts from a number of Muricidae species showed antimicrobial, anti-inflammatory, anti-cancer, muscle-relaxing, and pain relieving activities (Benkendorff *et al.*, 2015).

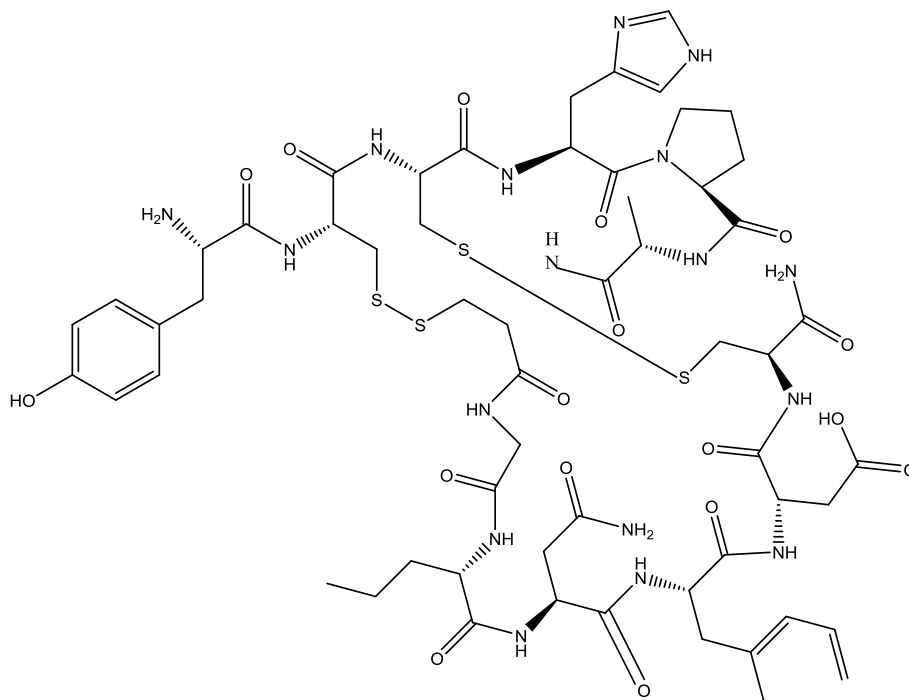
**Table (1):** Examples of marine snails used in biomedical applications

Snail name and species	Medical importance	Reference(s)
<i>Aplysia californica</i>	A valuable model in studies of neurobiology and behavior	(Health, 1999; Akhmedov <i>et al.</i> , 2014)
<i>Babylonia spirata</i>	Its tissue extracts showed antimicrobial activity against nine bacterial and three fungal pathogens.	(Periyasamy <i>et al.</i> , 2012)
<i>Buccinulum corneum</i>	Kelletin A [ribityl-pentakis (p-hydroxybenzoate)] inhibited viral transcription and DNA/RNA synthesis	(Orlando <i>et al.</i> , 1996; Benkendorff, 2010)
<i>Buccinum undatum</i>	80% SPE fraction from the acidic extract of whole organism showed antiviral activity	(Defer <i>et al.</i> , 2009a)
<i>Conus magus</i>	The toxin released, known as conotoxin conopeptides are currently being developed as analgesics for the treatment of neuropathic pain	(Turner <i>et al.</i> , 2018; Ghareeb <i>et al.</i> , 2020b)
<i>Haliotis laevis</i> and <i>Haliotis rubra</i>	Aqueous extract has antiviral activity against Polyomavirus, influenza A virus, and poliovirus	(Li, 1960; Benkendorff, 2010)
Periwinkle <i>Littorina littorea</i>	Peptide extract from whole organism (littorein) showed antiviral activity	(Defer <i>et al.</i> , 2009b)
<i>Murex pectin</i>	Muricidae extracts showed antimicrobial, antiviral, and anti-cancer activities	(Benkendorff <i>et al.</i> , 2015)
<i>Rapana venosa</i>	Their hemocyanin showed antiviral activity by preventing virus of the attachment to cells and inhibited the replication of Epstein-Barr virus and Herpes simplex virus type 1	(Velkova <i>et al.</i> , 2009; Nesterova <i>et al.</i> , 2010; Nesterova <i>et al.</i> , 2011; Benkendorff <i>et al.</i> , 2015)
<i>Tegula gallina</i>	Their extracts showed antiviral activity	(Dang <i>et al.</i> , 2015)

*Conus magus* snails are predators that attack prey with a venomous sting. The toxin released, known as conotoxin (Fig. 3), is a peptide with internal disulfide linkages. Conotoxins can bring about paralysis in humans, indicating that this toxin attacks neurological targets (Becker and Terlau, 2008). A number of these conopeptides are currently being developed as analgesics for the treatment of neuropathic pain (Hamdi, 2011; Ghareeb *et al.*, 2020b).

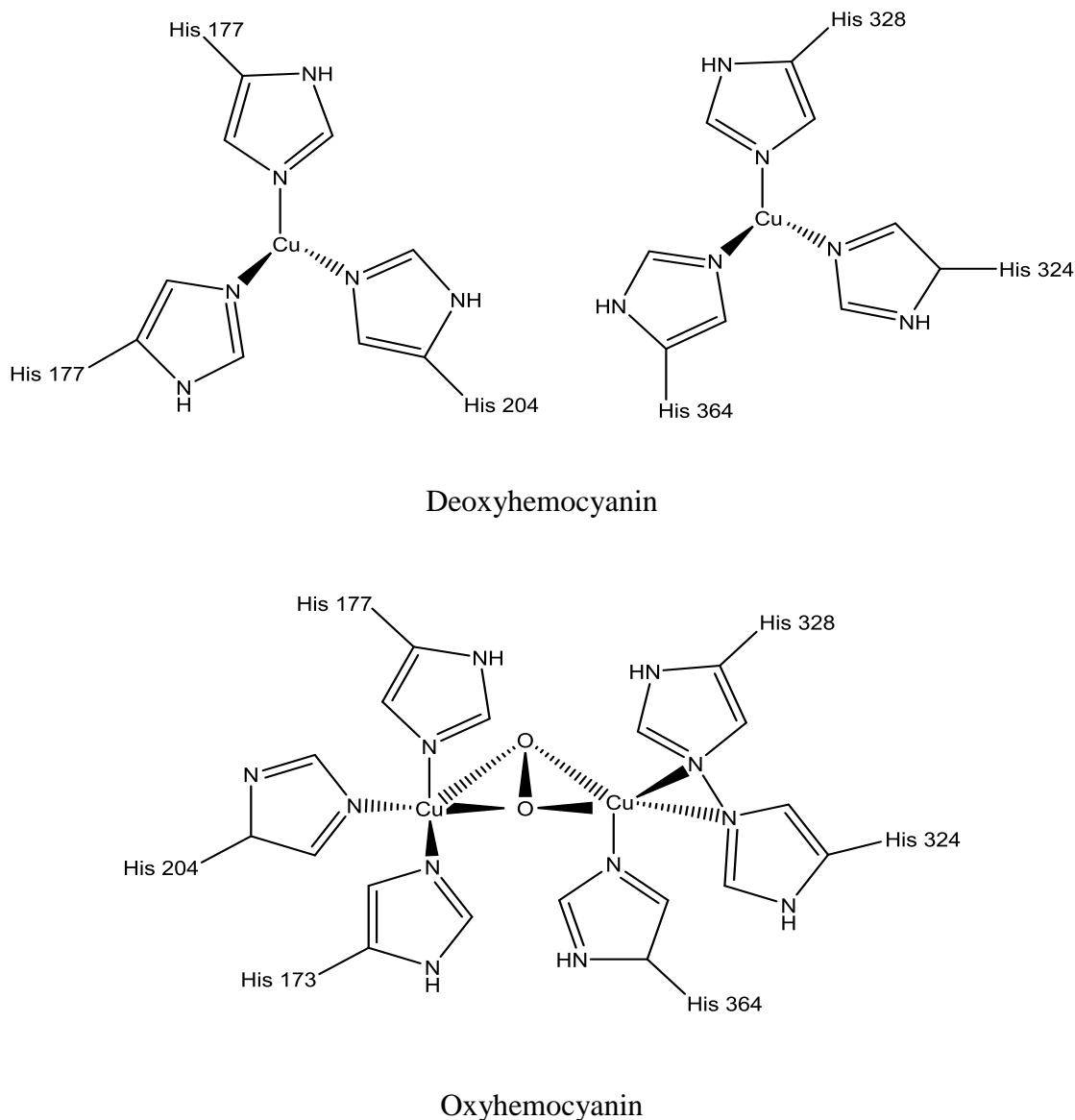


**Fig. (2):** Tyrian purple: 6, 6'-Dibromoindigo (Benkendorff *et al.*, 2015).



**Fig. (3):** Chemical structure of alpha-conotoxin SIA (Becker and Terlau, 2008).

Molluscan hemocyanins (Fig. 4) consist of highly specific monosaccharide compositions that have significant immunostimulatory properties. *Rapana venosa* hemocyanin contains at least 28 different compositions of heterogeneous mixture of different glycans. This hemocyanin showed antiviral effects mostly against human viruses (Velkova *et al.*, 2009; Dang *et al.*, 2015) by preventing the viral attachment or inhibition of viral transcription.



**Fig. (4):** Hemocyanin structures (Velkova *et al.*, 2009).

### Freshwater snails as models for biomedical research

The freshwater Mollusca (snails and bivalves) are almost cosmopolitan in their distribution (Strong *et al.*, 2008). This group of aquatic invertebrates demonstrates high

adaptive ability; its representatives may be found in almost all types of inland water bodies and are represented in the symbiotic fauna (Vinarski *et al.*, 2020). These Freshwater gastropods could be used as a model for ecotoxicology assessments and as pollution indicators for different substances, as they have a rapid growth index and short life cycles (Tallarico, 2015).

### Medically and economically important snail-transmitted diseases

Snail-borne parasitic diseases are major parasitic diseases that pose risks to human health and cause major socioeconomic problems in many tropical and sub-tropical countries. The freshwater snails are considered to be intermediate hosts of these diseases because humans harbor the sexual stages of the parasites and the snails harbor the asexual stages. These diseases target many organs, such as the lungs, liver, biliary tract, intestines, brain, and kidneys, leading to overactive immune responses or even death (Table 2) (Lu *et al.*, 2018).

**Table (2):** Some freshwater snails that transmit diseases

Disease	Snail
Schistosomiasis	<i>Biomphalaria</i> , <i>Bulinus</i> , <i>Oncomelania</i>
Fascioliasis	<i>Lymnaea</i> sp.,
Paragonimiasis	<i>Melanooides</i> and <i>Thiara</i> genera
Angiostrongyliasis	Terrestrial and freshwater snails

Freshwater snails have many bioactive compounds that can be used in the biomedical medicine (Table 3). The foot tissue extracts from freshwater snails *Bellamya* spp. and *Pila* sp, are rich in proteins, minerals and vitamins (A, B, D). Besides being used as main nutritional supplement, it can be used for inflammatory disorders (Prabhakar and Roy, 2009). The extracted proteins using Bradford's method from different snails like *Bellamya dissimilis*, *Bithynia pulchella*, and *Melanooides tuberculata* showed antimicrobial activity against various pathogenic bacterial and fungal cultures (Ulagesan and Kim, 2018).

Snail mucus is known by its potential antimicrobial activity. This mucus serves in preventing moisture evaporation and providing resistant to infection by any microorganisms. *Pomacea canaliculata* and *Faunus ater* crude mucus extracts showed antimicrobial activity (Ferrer and Pajarillaga, 2013; Nantararat *et al.*, 2019). Also, the hemolymph of *Pomacea insularium* snail and the whole animal extracts can be used as an antimicrobial agent for many different pathogens (Packia Lekshmi *et al.*, 2015).



**Table (3):** Examples of freshwater snails used in biomedical research

Snail name and species	Medical importance	References
<i>Bellamya dissimilis</i>	Its extracted protein showed antibacterial and antifungal activities. Also, the tissue extracts can be used to treat inflammatory problems	(Prabhakar and Roy, 2009; Ulagesan and Kim, 2018)
<i>Biomphalaria</i> sp.,	Serves as sensitive bioindicators for aquatic ecosystem health	(Ibrahim <i>et al.</i> , 2018; Amorim <i>et al.</i> , 2019)
<i>Bithynia pulchella</i>	Its extracted protein showed antibacterial and antifungal activities.	(Ulagesan and Kim, 2018)
<i>Faunus ater</i>	Its crude mucus extract showed antimicrobial activity.	(Ferrer and Pajarillaga, 2013)
<i>Lymnaea stagnalis</i>	- Can be used as a bioindicator of ecosystem health - A valuable model in studies of neurobiology and behavior	(Ibrahim <i>et al.</i> , 2018; Fodor <i>et al.</i> , 2020)
<i>Melanoides tuberculata</i>	Its extracted protein showed antibacterial and antifungal activities.	(Ulagesan and Kim, 2018)
<i>Pila globosa</i> , <i>Pila virens</i>	Its extracted protein showed antibacterial and antifungal activities. Also, the tissue extracts can be used to treat inflammatory problems	(Prabhakar and Roy, 2009; Ulagesan and Kim, 2018)
<i>Pomacea insularium</i>	The hemolymph and the whole animal extracts can be used as an antimicrobial agent for many different pathogens.	(Packia Lekshmi <i>et al.</i> 2015)
<i>Pomacea canaliculata</i>	Its crude mucus extract showed antimicrobial activity. - Antibacterial activity against pathogenic bacteria that causing skin diseases.	(Ferrer and Pajarillaga, 2013; Nantararat <i>et al.</i> , 2019)

Both *Biomphalaria* sp., and *Lymnaea stagnalis* freshwater snails serve as sensitive bioindicators for aquatic ecosystem health (Amorim *et al.*, 2019). *Biomphalaria alexandrina* snails could be used as biomonitor to screen the deleterious effects of insecticide (Ibrahim *et al.*, 2018), herbicide (Ibrahim and Sayed, 2019), and heavy metal (Habib *et al.*, 2016) as causes of the environmental pollution. Also, *Lymnaea stagnalis* snails can be used as a model to study the function of the nervous system from molecular signaling to behavior. This is because it has well-characterized central, peripheral nervous and neuroendocrine systems and its large neurons (Fodor *et al.*, 2020). *L. stagnalis* snail has been recognized as a useful organism to examine the effects of pharmacologically active compounds and micro- and nanoplastics on aquatic organisms (Amorim *et al.*, 2019).

### Terrestrial snails as models for biomedical research

Some terrestrial snails can be used in the traditional medicine (Table 4). The terrestrial land snail *Helix* spp. mucus has a wide range of enzymes, glycosaminoglycans, and prostaglandins, which may contribute to its biological effects (Nantararat *et al.*, 2019). This mucus serves in protection of the animal from desiccation and infection by microorganisms, as it has the antimicrobial activity. *Achatina achatina* and *Achatina fulica* crude mucus extracts showed antimicrobial activity (Ferrer and Pajarillaga, 2013; Nantararat *et al.*, 2019). Also, mucus from *Helix aspersa muller* showed

antimicrobial activity and several therapeutic proprieties, such as skin protection and wound repair. These properties due to that the mucous is composed of mucopolysaccharides called helixcomplex (**Gentili *et al.*, 2020**).

*Eremina desertorum* snails have rich mucus that consists of mucopolysaccharides and glycoproteins (**Skingsley *et al.*, 2000**). This mucus is used in wounds, superficial healing, and muco-adhesive formulations for ocular, nasal, gastro-intestinal, buccal, and vaginal drug administration as it had wonderful therapeutic activities (**Adikwu and Okafor, 2012; Hatuikulipi *et al.*, 2016; Ali *et al.*, 2018**).

Land snails have been used as food resources because of their high content of protein. This protein contents can be used as biomedical sources to treatment many medicinal conditions, as it has antimicrobial activities. The extracted proteins from *Cryptozona bistrialis* snails showed antimicrobial activity against various pathogenic bacterial and fungal cultures (**Ulagesan and Kim, 2018**).

**Table (4):** Examples of some terrestrial snails used in biomedical applications

Snail name and species	Medical importance	References
<i>Achatina fulica</i>	Its extracted protein showed antibacterial and antifungal activities. Its crude mucus extract showed antimicrobial activity.	( <b>Ferrer and Pajarillaga, 2013; Ulagesan and Kim, 2018; Nantararat <i>et al.</i>, 2019</b> )
<i>Achatina achatina</i>	Its extracted protein showed antibacterial and antifungal activities.	( <b>Ferrer and Pajarillaga, 2013</b> )
<i>Cryptozona bistrialis</i>	Its extracted protein showed antibacterial and antifungal activities.	( <b>Ulagesan and Kim, 2018</b> )
<i>Eremina desertorum</i>	Its mucus consists of mucopolysaccharides and glycoproteins. It is used in wounds, superficial healing and muco adhesive formulations.	( <b>Skingsley <i>et al.</i>, 2000; Ali <i>et al.</i>, 2018</b> )
<i>Helix aspersa muller</i>	<i>H. aspersa</i> mucus (Helixcomplex) has a bio-adhesive efficacy and defensive properties. Due to its antimicrobial activity, it can be used as skin protection and wound repair agent.	( <b>Gentili <i>et al.</i>, 2020</b> )
<i>Helix lucorum</i> and <i>Helix vulgaris</i>	Their hemocyanin showed antiviral activity by inhibiting the viral DNA replication	( <b>Velkova <i>et al.</i>, 2009; Nesterova <i>et al.</i>, 2010; Nesterova <i>et al.</i>, 2011; Benkendorff <i>et al.</i>, 2015</b> )

## CONCLUSION

Gastropods snails (marine, freshwater and terrestrial) proved to be effective model animals and bioindicators of the ecosystem health. They could be excellent examples of the application of biological science to modern medicine through producing therapeutically useful natural compounds and secondary metabolites that have antimicrobial activities like proteins, hemocyanin, conotoxins, and mucus. This review is helpful for the pharmaceutical industries that need to develop drugs of natural origin and supplements.

### Author contributions:

A.M.I. designed and elaborated the manuscript. A.A.H and M. A.G., critically revised and improved the manuscript. All the authors approved the final version of the manuscript.

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