



Tilapia Density-dependent Cowpea Production Potential in Aquaponics

Prosun Roy¹, Zubya Mushtari Nadia^{1,2}, M. Mosharraf Hossain¹ and Md. Abdus Salam^{1*}

¹Department of Aquaculture, Bangladesh Agricultural University, Mymensingh 2202, Bangladesh

²Department of Aquatic Animal Health Management, Sher-e-Bangla Agricultural University, Dhaka 1207, Bangladesh

*Corresponding Author: salamaqua@bau.edu.bd

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ABSTRACT

Aquaponics is one of the most effective, water-efficient, self-fertilizing, and eco-friendly technologies for organic food production. In this system, plant nutrients instigate from the fish feed and fish waste. The objective of the current study was to assess and compare the plant growth and fish production in different fish stocking densities in aquaponics. Four different densities were tested for the study, such as 2.94 (T1), 3.92 (T2), 4.90 (T3), and 5.88 (T4) kg m⁻³ tilapia with an initial length of 16.8±0.17 cm and a weight of 72.6±5.14 g, respectively. The tilapia were fed with commercial floating feed twice daily at 3% body weight. Sampling of fish and plant growth parameters were carried out fortnightly, whereas, water quality parameters such as temperature, dissolved oxygen, and pH were measured weekly, and electrical conductivity (EC), total dissolved solids (TDS), ammonia, nitrite, and nitrate were measured fortnightly. The data interpretation showed that pH, ammonia, nitrite, EC, and TDS were significantly increased with the increasing fish densities. On the other hand, except Zn, Fe and Mn, all other nutrients of the fish tanks were significantly increased with the fish densities in the treatments. The first flower and pod appearance were observed in T3 at 39.33±4.03 and 44.06±4.09 days, respectively those were significantly the lowest with the fish density of 4.90 kg m⁻³. The highest and the lowest cowpea production were 4.61±0.88 and 2.50±0.71 kg m⁻² in T3 and T4, respectively. However, the highest fish production was 14.76±0.71 kg m⁻³ in T4, although T3 performed better in the case of other components, where most of the fish growth parameters were statistically similar among the treatments. Moreover, almost all the proximate compositions of cowpea and fish were statistically similar except that the moisture content in the tilapia and ash content in cowpea were significantly different. The study showed that the stocking density of the tilapia of 4.90 kg m⁻³ resulted in higher production of cowpea by maintaining good water quality for the plant compared to the other stocking densities.

INTRODUCTION

Aquaponics is an agro-aquaculture system integrating re-circulatory aquaculture system (RAS) with hydroponics. The system utilizes dissolved nutrients and solid wastes produced in the fish culture tanks, acting as source of organic fertilizer for the plants.

Hence, the demand of aquaponics is increasing worldwide due to being a soilless system, eco-friendly, enhancing organic products, and having a sustainable nature (**Love *et al.*, 2015; dos Santos, 2016; Junge *et al.*, 2017**). Considering the commercial as well as technological perspectives, the goal of this system is to maintain the suitable environment for fish and plant, removing toxic excreta, and other growth-inhibiting elements from the system (**Endut *et al.*, 2016**). In aquaponics, various inert media are used instead of soil as the base of plant and moisture retention in the root zone irrigating fish wastewater where plants serve as a bio-filter (**Salam *et al.*, 2014**). The aquaponics mimics the natural ecosystem in combination of fish, plant, and microorganisms, where fish and plants are visible, but the microorganisms remain behind the scene. The fish metabolites and uneaten feed in the fish tank are the basis of nutrients in the system which contain dissolved nitrogen, calcium, phosphorus, sodium, boron, organic and inorganic compounds and other solids (**Effendi *et al.*, 2016; Delaide *et al.*, 2017; Lennard & Goddek, 2019**).

The nutrients uptake by the plants depend on environmental factors such as air and water temperature in the plant root zone, level of nutrients in the water, pH, plant growing phase, and the growth rate of the plants (**Buzby & Lin, 2014**). Bacteria are involved in the nitrification process where toxic ammonia from fish waste is converted to nitrite and then to nitrate which is less toxic for fish (**Wongkiew *et al.*, 2017; Eck *et al.*, 2019a**). The nitrogen is taken up by plants in both the ammonium and nitrate form which is controlled by nutrient concentrations and physiology of plants (**Endut *et al.*, 2016; Maucieri *et al.*, 2019a**). The nitrates are rapidly absorbed by the roots without toxicity, whereas, higher ammonia have phytotoxic effects on plants. Excessive nitrogen supply enhances vegetative growth of plants and chlorophyll content in leaves; hence, it can result in low fruit yield and higher moisture content in the plant tissue (**Maucieri *et al.*, 2019a**). The nutrients uptake by the root in the soilless system vary with the water quality parameters such as pH and oxygen supply for nitrifying bacteria, electrical conductivity and synergy-antagonism of dissolved ions (**Wortman, 2015; Eck *et al.*, 2019a; Nadia *et al.*, 2020**). The nutrient absorption by the roots may be restricted when water pH is more than 7 due to precipitation of dissolved salts (**Lennard & Goddek, 2019; Maucieri *et al.*, 2019b**). Physiology of plant depends on microbial activity in the root zone (**Bartelme *et al.*, 2018**). Furthermore, it depends on the root morphology which is greatly influenced by nitrogen and phosphorus supply in the system (**Razaq *et al.*, 2017**).

The performance of aquaponics as well as production of fish and plant directly depend on the balance of nutrients in the water which can be achieved by design and sizing of the system correctly (**Buzby & Lin, 2014; Somerville *et al.*, 2014**). The appropriate fish stocking density can provide suitable concentration of ammonium and nitrate nitrogen that are adequate for the successive plant growth (**Endut *et al.*, 2016; Effendi *et al.*, 2016**) though the potassium, phosphorus, iron, and calcium levels are sometimes insufficient for maximum plants yield in aquaponics (**Bittsanszky *et al.*,**

2016; Schmautz *et al.*, 2017). Large plant growing bed with few stocked fish may result in good water quality for the fish, but it will slower the plants vegetative growth and lessen total crop yield, whereas, small plant growing bed with higher stocking density of fish will result in excessive nutrients accumulation in the fish tank which is against the fish welfare (Somerville *et al.*, 2014; Endut *et al.*, 2016; Yildiz *et al.*, 2017). But it is also important to consider that, the plants demand for macro and micronutrients depend on the fish species, fish and plant growth stage, season, and environmental conditions (Baxter, 2015; Nozzi *et al.*, 2018; Maucieri, 2019a).

Fruit plants commonly grown in aquaponics are tomato (Yogev *et al.*, 2016; Monsees *et al.*, 2017; Yang & Kim, 2020), eggplant (Ayipio *et al.*, 2019), cucumber (Graber & Junge, 2009), pepper (Wortman, 2015), strawberry (Somerville *et al.*, 2014; Ayipio *et al.*, 2019) and pumpkin (Oladimeji *et al.*, 2018). The popular vegetable, cowpea (*Vigna unguiculata* L. Walp.) can be grown in aquaponics as it is a widely cultivated annual crop having low-nutrient requirements for its growth and fruit production. The cowpea grows well in a wide range of temperature (18 to 28°C), low-fertile soil, and has the ability to tolerate abiotic stress and a wide range of pH compared to other legumes (Badiane *et al.*, 2014; Kebede & Bekeko, 2020). Leguminous plants grow well in newly established aquaponics as it can fix nitrogen from the atmosphere (Somerville *et al.*, 2014). The Nile tilapia (*Oreochromis niloticus*) is an omnivorous fish and extensively used in aquaponics (Love *et al.*, 2015; Wang *et al.*, 2016); because it can tolerate a wide range of environmental conditions and adapt well in aquaponics (Effendi *et al.*, 2016; Makori *et al.*, 2017; Nadia *et al.*, 2020). There are few studies on aquaponics at different fish stocking densities with different vegetables (Hussain *et al.*, 2014; Goddek *et al.*, 2015; Knaus & Palm, 2017; Maucieri *et al.*, 2019b), but aquaponics with the cowpea and the tilapia has not been studied yet. Consequently, the present study was aimed to test the effect of stocking tilapia in four different densities on the water quality, plant and fish growth, proximate composition of the tilapia, plant and cowpea production in aquaponics.

MATERIALS AND METHODS

Experimental setup

The experiment was carried out at the “BAU Aquaponics Oasis” Laboratory, Department of Aquaculture, Faculty of Fisheries, Bangladesh Agricultural University (BAU), Mymensingh from the 5th of July to the 2nd of October 2018. Each sub-system was mainly comprised of a fish holding tank (0.74 m³), a cowpea growing bed (0.57 m²), siphoning tube, irrigation pump and air pump. Media based aquaponics was chosen for this experiment where four treatments were used such as 2.94, 3.92, 4.90 and 5.88 kg m⁻³ noted as T1, T2, T3 and T4, respectively with three replicates following randomized complete block design.

Cowpea sapling production

Indian Institute of Vegetable Research, Varanasi developed a bush variety of cowpea (Lal *et al.*, 2016) which is known as Kashi-Kanchan [*Vigna unguiculata* (L.) Walp.] and was used in the experiment. The seeds were sown 25 days before transplantation in the aquaponics. Initially, cowpea seeds were collected from Bangladesh Agricultural Research Institute (BARI), Gazipur, Bangladesh and soaked in water for an overnight. Then the seeds were placed in a tray filled with mixture of 50% coco-dust and 50% vermicompost. After spraying water, the tray was covered with a paper sheet. A week after seed germination, saplings were transferred into individual plastic disposable cup containing same ratio of coco-dust and vermicompost for hardening. It was done to reduce plant stress and stimulate adaptation mechanism which enhances the plant growth and productivity in the aquaponics (Masrufa *et al.*, 2016).

Bed preparation for cowpea cultivation

Six cylindrical plastic drums were cut into two equal halves to make 12 cowpea beds for four treatments with triplicates. Before transplanting the saplings, the beds were cleaned with KMnO_4 and watered and then sun dried. A hole was made underneath each container to make an outlet for draining the water to the fish tank. A T-stopper was also fitted in the hole of the grow beds to connect and control water flow. A perforated plastic standpipe was placed in one side of the bed for collecting irrigated water and draining easily to the fish tanks. Newly broken brick lets were sieved, washed, and put in the bed as media prior to plantation of saplings. Four to five liter water from an existing aquaponics was collected and sprayed on the brick lets in the newly set-up beds for seven days to initiate nitrifying bacterial growth following the procedure of Estim *et al.* (2018). Six cowpea saplings with average shoot height (11.91 ± 0.15 cm) was planted in two rows in each bed. Number of plants per m^2 was determined considering the guideline of Somerville *et al.* (2014) who recommended 4-8 plants per m^2 for fruiting vegetables in aquaponics.

Fish tank preparation

After washing with KMnO_4 and sun drying, the fish tanks were filled with 200 L clean underground water and kept for a week providing aeration. Juveniles of the Nile tilapia were collected and acclimatized for a week before stocking in separate tanks. After acclimatization, the tilapia having average weight of 72.56 ± 4.25 g were released in T1, T2, T3 and T4 at 2.94, 3.92, 4.90 and 5.88 kg m^{-3} as initial stocking densities, respectively. The stocking density was maintained considering the minimum density to provide sufficient nitrogen for plant growth and maximum acceptable range for organic aquaculture (Maucieri *et al.*, 2019b).

Fish rearing

Imported commercial floating pelleted feed (Skretting, Neutreco International, Vietnam) was supplied manually twice daily (10 AM and 4 PM) at 3% of the total fish biomass. A submergible water pump (18 W) was set in each tank to irrigate the water to the cowpea bed, and an air-pump (35 W) having six nozzles was set to supply dissolved oxygen to three fish tanks with two nozzles with perforated stones in each tank. The water was irrigated from 9 am to 5 pm, and aeration was continued for 24 hr throughout the experiment. There was no water replacement during the experimental period except adding lost water through evaporation every week. Moreover, solid wastes consisting of uneaten feed and fish waste were removed from the bottom of the tanks every day through siphoning.

Growth performance and production of cowpea

Shoot height measurement was started from plantation and measured fortnightly from the surface of media to the top of the main stem using a measuring tape. The height of the 1st branch and the 1st flower appearance in each plant were also recorded. Moreover, days for appearing the 1st flower and pod after sowing were observed and recorded. Mature and market size cowpea pods were harvested regularly, and length and weight were recorded. At the end of the experiment, all the plants were pulled out from the beds and the length and weight of shoots and roots were measured and recorded. Weight of individual root was divided by individual shoot weight to get root-shoot ratio.

Sampling and harvesting fish

The length and weight of the tilapia were measured fortnightly with a measurement board and an electronic balance (AND EK 600i), respectively. The fish growth parameters such as length gain, percent length gain, weight gain, percent weight gain, specific growth rate (SGR), food conversion ratio (FCR), survival rate and production were calculated following the formula used by **Moniruzzaman *et al.* (2015)**.

Water quality parameters of fish tanks

Water temperature, dissolved oxygen (DO) and pH were measured weekly using a laboratory thermometer, a Lutron Dissolved Oxygen meter PDO-519, and an Oakton EcoTestr™ pH 2+ Pocket pH Meter, respectively. Ammonia (NH₃), nitrite (NO₂) and nitrate (NO₃) were measured fortnightly using 'API Freshwater Master Test Kits, United States', where test kits and color strips were used to measure the value. Moreover, electrical conductivity (EC) and total dissolved solids (TDS) were also measured fortnightly with E-1 portable TDS and EC meter. Concentration of potassium (K), calcium (Ca), magnesium (Mg), boron (B), copper (Cu), sulfur (S), phosphorus (P), zinc (Zn), iron (Fe) and manganese (Mn) in the fish tank water were measured twice, at the beginning and the end of the experiment.

Proximate composition determination

Proximate composition of cowpea, fish, and fish feed (moisture, crude protein, crude lipid, crude fiber, ash and carbohydrate) were determined following AOAC (2019) method after finishing the trial.

Data processing and analysis

The data were statistically analyzed for variance and one-way ANOVA using SPSS 20.00 (Statistical Package for Social Sciences), and significant differences among the mean values of the treatments were compared using Duncan's Multiple Range Test (DMRT) considering 5 and 1% level of probability.

RESULTS AND DISCUSSION

Water quality parameters

The water temperature fluctuated throughout the study ranging from 26.33 to 32.00 °C (Fig. 1), and the mean values were statistically similar among the treatments in the present study (Table 1). Dissolved oxygen (DO) in T1, T2, T3 and T4 were 6.05 ± 1.26 , 6.50 ± 1.06 , 5.97 ± 1.19 , and 5.81 ± 1.06 mg L⁻¹, respectively which was also statistically similar ($P > 0.05$) among the treatments. The range of water temperature and DO were suitable for plant, fish, and micro-organisms in bio-filter during trial (Somerville *et al.*, 2014; Maucieri *et al.*, 2019b).

The highest mean pH value was recorded in T4 (7.94 ± 0.27), and slightly alkaline pH was observed in all the treatments (ranging from 7.13 to 8.33) throughout the experimental period (Fig. 1 & Table 1). The pH values were significantly different among the treatments ($P < 0.05$) and those were suitable for the tilapia and microbial population (Makori *et al.*, 2017). But they were bit higher than the recommended range (pH 5.5-7.5) for plant growth (Somerville *et al.*, 2014). Effendi *et al.* (2016) reported pH value of 6.38-8.14 in aquaponics with the tilapia and romaine lettuce at fish stocking density of 3.12 kg m⁻³, and their findings was similar to the present findings.

The ammonia (NH₃) content in the fish tank water increased with the increasing fish density ($P \leq 0.01$), whereas the lowest and the highest concentration were found in T1 (1.02 ± 0.26 mg L⁻¹) and T4 (2.88 ± 1.31 mg L⁻¹), respectively. Furthermore, NO₂ concentration was also showed significant increment with the increasing fish biomass in the treatments ($P < 0.05$) and the concentration in T4 was 56, 54 and 29% higher compared to T1, T2 and T3, respectively (Table 1). NO₃ values progressively increased with the fish density recording 17.14 ± 6.36 , 20.00 ± 8.16 , 23.10 ± 10.95 and 27.14 ± 12.20 mg L⁻¹ in T1, T2, T3 and T4, respectively. The highest values of NH₃, NO₂ and NO₃ in T4 might be due to the higher organic matter produced and accumulated in the fish tanks including feed residues and feces. Moreover, NH₃ and NO₂ values were much higher than the values reported by Effendi *et al.* (2016) and Nozzi *et al.* (2018). The NO₃ contents in the fish tank water were statistically similar among the treatments which might be due to

the smoothly working bio-filtration and bacterial colony existing in the system. However, NO_3 values in the present study were somehow lower than the those reported by **Nozzi et al. (2018)** and **Oladimeji et al. (2018)**. Remarkably, the present values of NO_3 were higher than those of **Effendi et al. (2016)**.

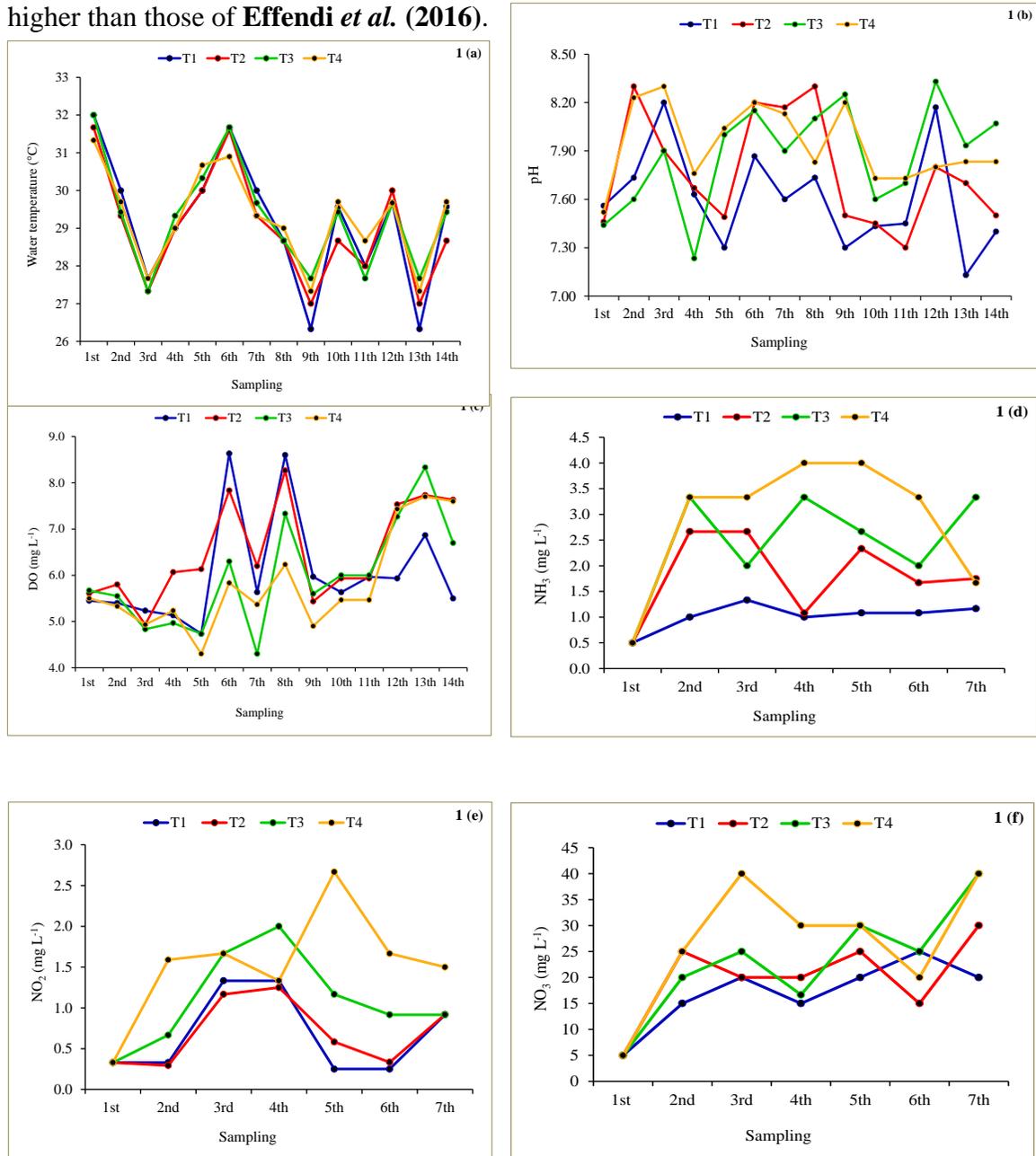


Fig. 1 (a) Water temperature (b) pH (c) DO (d) NH_3 (e) NO_2 and (f) NO_3 concentrations in T1, T2, T3 and T4 throughout the experiment and symbols (dots) represent measured values on different sampling dates.

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m^{-3} tilapia stocking densities, respectively.

Table 1. Effect of the tilapia density on water temperature, pH, DO, NH₃, NO₂, NO₃, TDS and EC in the fish tanks of aquaponics.

Traits	T1	T2	T3	T4	Significance
Water temperature (°C)	29.18±1.69a	29.02±1.47a	29.28±1.43a	29.29±1.25a	NS
DO (mg L ⁻¹)	6.05±1.26a	6.50±1.06a	5.97±1.19a	5.81±1.06a	NS
pH	7.61±0.31a	7.77±0.34ab	7.89±0.31b	7.94±0.27b	*
NH ₃ (mg L ⁻¹)	1.02±0.26a	1.81±0.82ab	2.47±1.04b	2.88±1.31b	**
NO ₂ (mg L ⁻¹)	0.67±0.49a	0.70±0.41a	1.10±0.57ab	1.54±0.69b	*
NO ₃ (mg L ⁻¹)	17.14±6.36a	20.00±8.16a	23.10±10.95a	27.14±12.20a	NS
TDS (mg L ⁻¹)	188.36±36.4 5a	202.46±39.0 9ab	228.57±47.87 bc	249.51±57.1 2c	**
EC (µs cm ⁻¹)	402.00±111. 14a	407.25±100. 72a	486.06±115.8 6b	508.89±120. 15b	*

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ tilapia stocking densities, respectively. Means (±SD) were calculated from three replicates for each treatment. Bars with different letters are significantly different at $P \leq 0.05$ applying Duncan's Multiple Range Test (DMRT) and same letters indicate non-significance where $P > 0.05$. * indicates significance at $P < 0.05$; ** indicates significance at $P \leq 0.01$ and NS means non-significance.

Moreover, the fish densities significantly influenced TDS and EC contents ($P \leq 0.01$ for TDS; $P < 0.05$ for EC) of fish tank water (Table 1). The EC values in the present study were lower than the findings of **Nozzi *et al.* (2018)**, who reported EC values of 760-1042 µs cm⁻¹ in aquaponics without any fertilizer supplementation. The lower EC values in the present study might be due to the continuous absorption of nutrients by the root system of cowpea. Moreover, the higher the densities, the higher anion and cation are combined in the fish tank water, as microbial population contributed to process the particulates and enhanced TDS concentrations (**Bittsanszky *et al.*, 2016**).

Significant increase of K, Ca, Mg, B, Cu and S concentration was observed with the increasing fish densities in the fish tank water (Table 2). Moreover, P concentration in T2 was 51, 17 and 35% higher compared to T1, T3 and T4, respectively. On the other hand, the concentration of Zn, Fe and Mn were statistically similar among the treatments.

Maucieri et al. (2019b) also reported significantly higher P, Mg, K, Na, Ca and S with the higher fish densities. The phosphorus is an important nutrient for vegetative growth of cowpea, root growth and yield (**Karikari et al., 2015**). Moreover, K, P, Cu, Zn and Fe concentrations were close to the findings of **Bittsanszky et al. (2016)** in aquaponics, whereas, Ca, Mg and Mn concentrations were lower than those of **Bittsanszky et al. (2016)**; **Nozzi et al. (2018)** and **Maucieri et al. (2019b)**. **Delaide et al. (2016)** observed that, aquaponics water lacked K, P, Fe, Cu, Zn and Mn, where the only source for Mg, Ca, B, Cu, and S was the aquaponics water.

Table 2. Effect of the tilapia density on K, Ca, Mg, B, Cu, S, P, Zn, Fe and Mn concentration in the fish tanks water.

Traits	mg L ⁻¹				Significance
	T1	T2	T3	T4	
K	44.70±3.62a	47.11±4.00a	48.46±2.02a	61.79±10.93b	*
Ca	11.00±0.92a	12.26±0.91a	14.98±1.11b	18.32±1.32c	**
Mg	6.33±0.18a	6.18±0.47a	7.66±0.41b	8.13±0.39b	**
B	0.21±0.03a	0.33±0.05b	0.40±0.08b	0.58±0.02c	**
Cu	0.04±0.02a	0.03±0.02a	0.09±0.03b	0.11±0.02b	**
S	9.36±0.30b	8.05±0.86a	11.62±0.58c	12.08±0.24c	**
P	4.26±0.44a	8.77±2.13c	7.25±1.46bc	5.68±0.55ab	*
Zn	0.12±0.02a	0.18±0.06a	0.13±0.02a	0.14±0.04a	NS
Fe	0.01±0.01a	0.01±0.01a	0.01±0.01a	0.02±0.01a	NS
Mn	0.53±0.20a	0.33±0.28a	0.26±0.06a	0.15±0.04a	NS

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ tilapia stocking densities, respectively. Means (±SD) were calculated from three replicates for each treatment. Bars with different letters are significantly different at P ≤ 0.05 applying Duncan's Multiple Range Test (DMRT). Similar letters indicate non-significance where P > 0.05. * indicates significance at P < 0.05; ** indicates significance at P ≤ 0.01 and NS means non-significance.

Cowpea plant growth performance and yield

In the present study, the cowpea growth was observed up to last sampling and an increasing trend of shoot height was observed from lower (T1) to higher fish density (T4). The cowpea shoot height was significantly different (P < 0.05) among the treatments at the 3rd, the 4th and last sampling (Fig. 2). From the cowpea sowing date to the appearance of the 1st flower and the 1st pod and the number of pod picking per plant was significantly (P ≤ 0.01) influenced by the fish densities (Table 3). The pods per plant and cowpea production from each treatment was also significantly (P < 0.05) increased with the increasing fish densities, whereas T3 showed the highest production. The cowpea production in T3 was 24, 17 and 42% higher than T1, T2 and T4, respectively.

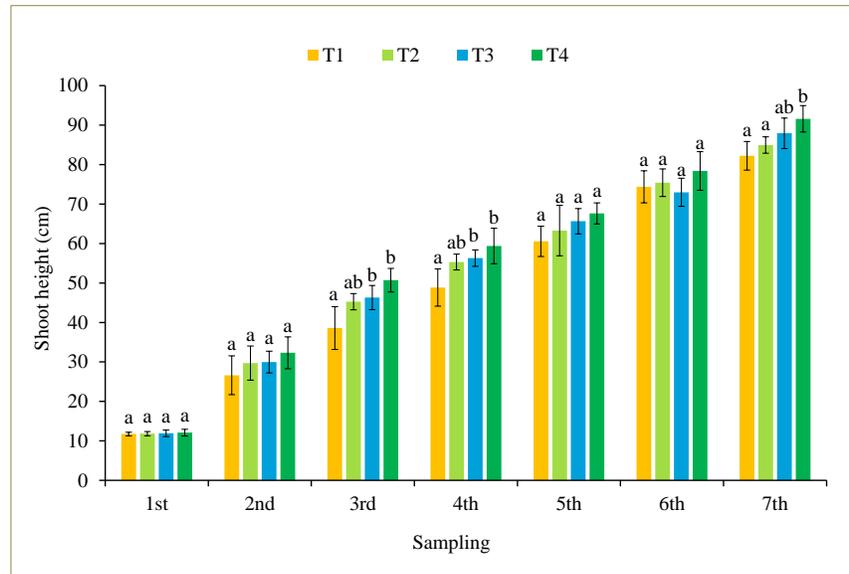


Fig. 2 Recorded shoot height at different sampling dates. Mean (\pm SD) was calculated based on three replications of each treatment where, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ stocking densities of the tilapia, respectively. Bars with different letters are significantly different at $P \leq 0.05$ applying Duncan's Multiple Range Test (DMRT) and same letters indicate non-significance where $P > 0.05$.

The cowpea plant height changed depending on the cowpea variety, growth performances and duration of culture (Karikari *et al.*, 2015). The root length of cowpea in T2 was 27, 2 and 18% higher than T1, T3 and T4, respectively (Table 3). The higher P concentration in the present study might have contributed to root length that increased as P requires comparatively large quantities where metabolism and cell division are higher (Karikari *et al.*, 2015). Dipikaben *et al.* (2018) reported final shoot height of 83.44 cm and production of 1.49 kg m⁻³ in 90 days of soil-grown cowpea (Kashi-Kanchan), however, 58% higher production was achieved in the present study (3.51 kg m⁻³ in 91 days). Moreover, Kyei-Boahen *et al.* (2017) reported 20.3-26.7 cowpea pod per plant after inoculating phosphorus fertilizer at different rates in soil based trial in consecutive two growing seasons. In the present study, T3 showed better nutrient combination for the commencement of flowers and pods, pod numbers, picking time and production than the other treatments. Somerville *et al.* (2014) stated that, excessive nitrates level results in delay of flowering in legume crops which is in the line with the present study findings. The pH value in T4 was more than 7.5 in all the samplings except for the 1st sampling and the highest pH value might have resulted in nutrients imbalance and less production in the treatment than the other treatments (Soti *et al.*, 2015). Wortman (2015) reported that, EC level of 500-1000 $\mu\text{S cm}^{-1}$ and slightly alkaline pH combinedly reduced the crop yield of leafy and fruity vegetables up to 76%. Maucieri *et al.* (2019b) reported that, 2.50 kg m⁻³ European carp (*Cyprinus carpio* L.) stocking density influenced positively the water

quality and achieved the best production of catalogna, lettuce and Swiss chard in aquaponics.

Table 3. Final shoot height, shoot weight, root length, root weight, root-shoot ratio, height of the 1st branch, height of the 1st flower, pod plant⁻¹, picking plant⁻¹, pod length, pod weight and cowpea production in the tilapia-based aquaponics.

Traits	T1	T2	T3	T4	Significance
Final shoot height (cm)	82.21±3.62a	84.95±2.08a	87.93±3.86ab	91.57±3.34b	*
Shoot weight (g)	96.62±8.86a	91.16±6.81a	101.44±4.88a	86.64±8.40a	NS
Root length (cm)	16.29±5.97a	22.46±6.90b	22.00±6.58b	18.48±7.17ab	*
Root weight (g)	13.38±3.73a	13.49±1.64a	11.53±1.52a	11.04±1.61a	NS
Root-shoot ratio	0.15±0.09a	0.16±0.05a	0.15±0.06a	0.12±0.04a	NS
Height of 1 st branch	14.33±1.01a	13.10±2.41a	12.83±1.08a	14.94±0.41a	NS
Height of 1 st flower	39.59±3.52a	32.43±3.86a	33.70±3.60a	35.00±3.71a	NS
Days for 1 st flower appearance	42.39±4.78b	41.50±4.11ab	39.33±4.03a	45.56±3.60c	**
Day for 1 st pod appearance	46.50±4.11ab	47.28±4.81b	44.06±4.09a	51.44±4.00c	**
Pod plant ⁻¹	40.27±6.18ab	43.55±4.11b	47.34±5.30b	30.50±7.15a	*
Picking plant ⁻¹	11.28±0.96b	11.83±0.73b	15.00±0.44c	9.72±0.92a	**
Pod length (cm)	22.06±0.64a	22.44±1.11a	22.40±0.66a	21.96±0.92a	NS
Pod weight (g)	11.54±5.03a	15.27±18.07a	13.05±7.04a	10.87±3.12a	NS
Cowpea production (kg m ⁻²)	3.32±0.53ab	3.58±0.58ab	4.61±0.88b	2.50±0.71a	*

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ fish stocking densities, respectively. Means (±SD) were calculated from three replicates for each

treatment. Bars with different letters are significantly different at $P \leq 0.05$ applying Duncan's Multiple Range Test (DMRT) and similar letters indicate non-significance where $P > 0.05$. * indicates significance at $P < 0.05$; ** indicates significance at $P \leq 0.01$ and NS means non-significance.

Growth performance of tilapia and production

Fish length and weight of the tilapia were fluctuated among the treatments throughout the experimental period (Fig. 3). Length gain, percent length gain, weight gain and FCR were statistically similar among the four treatments (Table 4). On the other hand, SGR were significantly reduced with the higher fish stocking densities ($P < 0.05$), and the values were 1.17 ± 0.04 , 1.14 ± 0.08 , 1.07 ± 0.05 , and 1.02 ± 0.05 % d^{-1} in T1, T2, T3 and T4, respectively. Moreover, the highest and the lowest survival rates were in T2 ($96.67 \pm 1.44\%$) and T1 ($90.00 \pm 3.33\%$), respectively. However, fish production was almost double in T4 ($14.76 \pm 0.71\%$) than T1 ($7.26 \pm 0.18\%$) which was significantly higher ($P \leq 0.01$) as well.

In the current study, the SGR of fish decreased with the increasing density of fish which might have been resulted from the competition for space and feed (**Hussain *et al.*, 2014; Moniruzzaman *et al.*, 2015; Maucieri *et al.*, 2019b**). The FCR in the present study were statistically similar among the treatments, a result which coincides with the findings of **Qi *et al.* (2016)**. The survival of the tilapia (92 to 98%) was not influenced by the increasing fish densities and the survival rate is similar to that of **Salam *et al.* (2014)**. The tilapia stocked in aquaponics at 4.0 kg m^{-3} for 42 days showed similar fish survival rate (93%) to the present study, but dissimilarity was detected with respect to the FCR (1.78 on average) (**Effendi *et al.*, 2016**). In the contemporary study, the tilapia production increased with the increasing fish densities (T1 to T4), here the water quality did neither affect the fish production nor the survival rate. **Moniruzzaman *et al.* (2015)** reported similar result in cage culture of the tilapia, where production increased up to 0.76 to 1.52 kg m^{-3} then declined at the stocking density of 1.90 kg m^{-3} . Moreover, **Maucieri *et al.* (2019b)** also reported the highest tilapia production in the higher density regardless of higher pH, NH_3 , NO_2 and NO_3 that might have been due to the buffering mechanism and symbiosis action in aquaponics. **Mustapha and Atolagbe (2018)** also reported higher survival of the tilapia fingerlings at pH 8.0 compared to the lower pH (3.0 to 6.0) level.

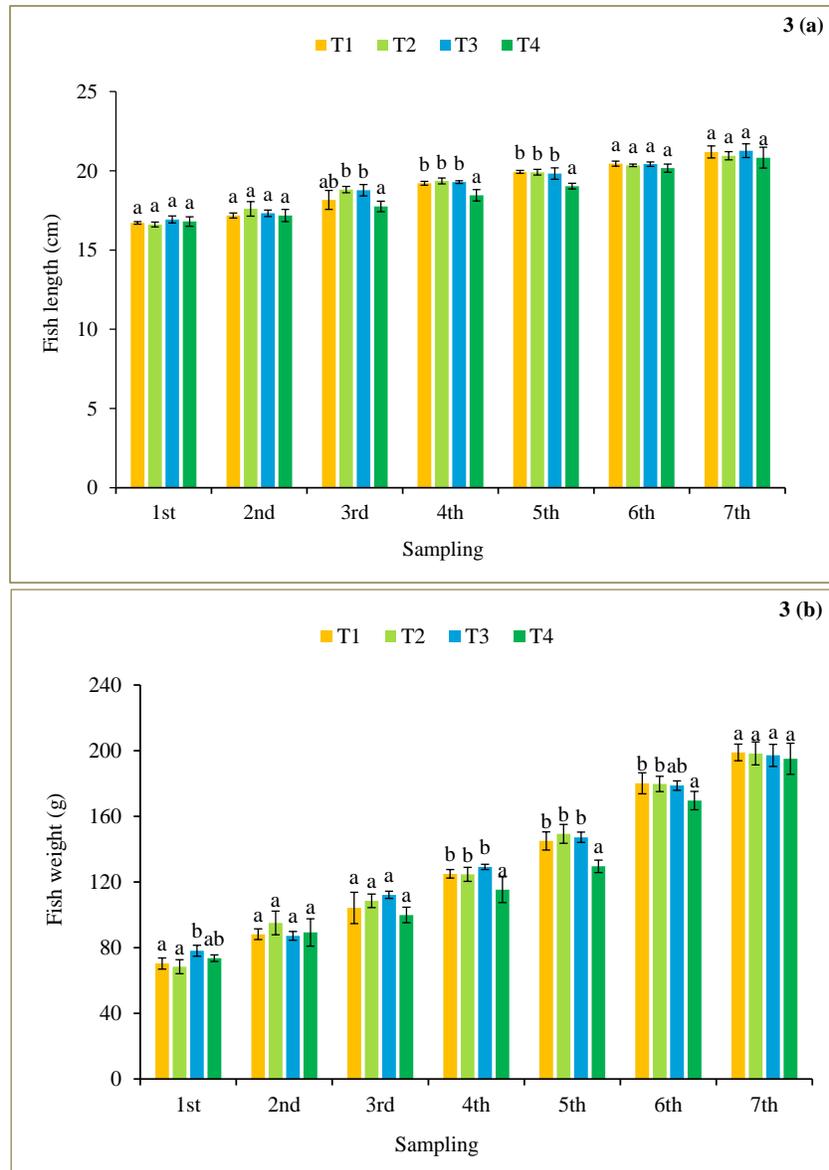


Fig. 3 (a) Length and (b) weight of tilapia at different sampling dates. Mean (\pm SD) was calculated based on three replications of each treatment where, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ stocking densities of tilapia, respectively. Bars with different letters are significantly different at $P \leq 0.05$ applying Duncan's Multiple Range Test (DMRT) and same letters indicate non-significance where $P > 0.05$.

Proximate composition of cowpea and tilapia

The proximate composition analysis of cowpea showed that only the ash content was significantly different ($P \leq 0.01$) among the treatments. In case of proximate composition of tilapia, only the moisture content in T2 ($74.99 \pm 0.61\%$) was significantly higher ($P \leq 0.01$) than the other treatments (Table 5 & Fig. 4), whereas, the supplied fish feed was the same in all the treatments in the study consisting of 12.24, 28.31, 6.88, 5.20,

8.79 and 38.58% moisture, crude protein, crude lipid, crude fiber, ash and carbohydrate, respectively (Table 5).

Table 4. Growth performance of the tilapia produced in four different stocking densities in the aquaponics.

Traits	T1	T2	T3	T4	Significance
Length gain (cm)	4.34±0.12a	4.48±0.43a	4.33±0.62a	4.03±0.56a	NS
Percent length gain (%)	26.13±0.52a	26.84±2.65a	25.62±3.95a	24.01±3.26a	NS
Weight gain (g)	128.65±7.40a	129.92±4.50a	119.09±5.84a	121.51±8.42a	NS
Percent weight gain (%)	183.5±18.65b	190.58±12.20b	152.77±10.06 a	165.21±10.27 ab	*
Specific growth rate (% d ⁻¹)	1.17±0.04b	1.14±0.08b	1.07±0.05ab	1.02±0.05a	*
FCR	1.94±0.55a	2.01±0.76a	2.26±0.86a	2.16±0.84a	NS
Survival rate (%)	90.00±3.33a	96.67±1.44a	93.33±1.15a	92.78±4.20a	NS
Tilapia production (kg m ⁻³)	7.26±0.18a	10.45±0.37b	12.52±0.43c	14.76±0.71d	**

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ tilapia stocking densities, respectively. Means (±SD) were calculated from three replicates for each treatment. Bars with different letters are significantly different at P ≤ 0.05 applying Duncan's Multiple Range Test (DMRT) and similar letters indicate non-significance where P > 0.05. * indicates significance at P < 0.05; ** indicates significance at P ≤ 0.01 and NS means non-significance.

Table 5. Mean moisture, crude protein, crude lipid, crude fiber, ash and carbohydrate content in cowpea, fish and feed in four treatments in the tilapia based aquaponics.

Nutrient components		%				Significance
		T1	T2	T3	T4	
Moisture	Cowpea	84.50±0.95a	83.93±0.94a	83.96±0.59a	84.21±0.63a	NS
	Tilapia	73.02±0.48a	74.99±0.61b	73.03±0.88a	73.57±0.58a	**
	Feed	12.24	12.24	12.24	12.24	-
Crude protein	Cowpea	2.17±0.07a	2.15±0.06a	2.05±0.12a	2.07±0.08a	NS
	Tilapia	14.97±0.63a	14.58±0.44a	15.37±0.39a	15.40±0.13a	NS
	Feed	28.31	28.31	28.31	28.31	-
Crude lipid	Cowpea	0.89±0.10a	0.79±0.02a	0.83±0.04a	0.90±0.03a	NS
	Tilapia	4.55±0.22a	4.40±0.32a	4.69±0.70a	4.06±0.10a	NS
	Feed	6.88	6.88	6.88	6.88	-
Crude fiber	Cowpea	5.46±0.40a	5.91±0.32a	5.90±0.17a	6.04±0.41a	NS
	Tilapia	1.21±0.22a	1.18±0.05a	1.28±0.05a	1.17±0.07a	NS
	Feed	5.20	5.20	5.20	5.20	-
Ash	Cowpea	2.33±0.13a	2.27±0.06a	2.13±0.17a	2.56±0.06b	**
	Tilapia	5.25±0.52a	4.78±0.56a	4.72±0.65a	5.00±0.12a	NS
	Feed	8.79	8.79	8.79	8.79	-
Carbohydrate	Cowpea	4.42±1.06a	4.94±0.88a	5.12±0.52a	4.45±0.50a	NS
	Tilapia	1.00±0.83a	0.41±0.43a	0.90±0.75a	0.47±0.38a	NS
	Feed	38.58	38.58	38.58	38.58	-

Here, T1, T2, T3 and T4 indicate 2.94, 3.92, 4.90 and 5.88 kg m⁻³ fish stocking densities, respectively. Means (±SD) were calculated from three replicates for each treatment. Bars with different letters are significantly different at P ≤ 0.05 applying Duncan's Multiple Range Test (DMRT) and similar letters indicate non-significance where P > 0.05. ** indicates significance at P ≤ 0.01 and NS means non-significance.

The analyzed proximate compositions of cowpea of the present study are similar to the findings of **USDA-ARS (2019)**, where they reported 86, 3.3, 0.3, 3.3 and 9.5% moisture, crude protein, crude lipid, crude fiber and carbohydrate, respectively in fresh cowpea pod. Moreover, the crude fiber and crude lipid content of cowpea in the present experiment are much higher than those of **USDA-ARS (2019)** but similar (5.47 to 5.53%) to the outcomes of **Noor et al. (2014)**. In case of the tilapia proximate composition, all the components were similar and fish density did not have an effect on the proximate composition except moisture content. **Moniruzzaman et al. (2015)** reported that the highest density had significantly low amount of lipid and carbohydrate contents compared to the lower fish densities. By contrast, in present aquaponics study, the values were similar which might be due to good water quality, favorable environment and less

energy expense and homeostasis in all the treatments. **Lam *et al.* (2015)** reported 76% moisture, 16% protein, 4% lipid and 4% ash content in the tilapia in the spinach-tilapia based aquaponics study. Moreover, the protein content in the feed was sufficient for the tilapia growth and welfare of fish as omnivorous fishes require 25-35% protein in their feed (**Somerville *et al.*, 2014**).

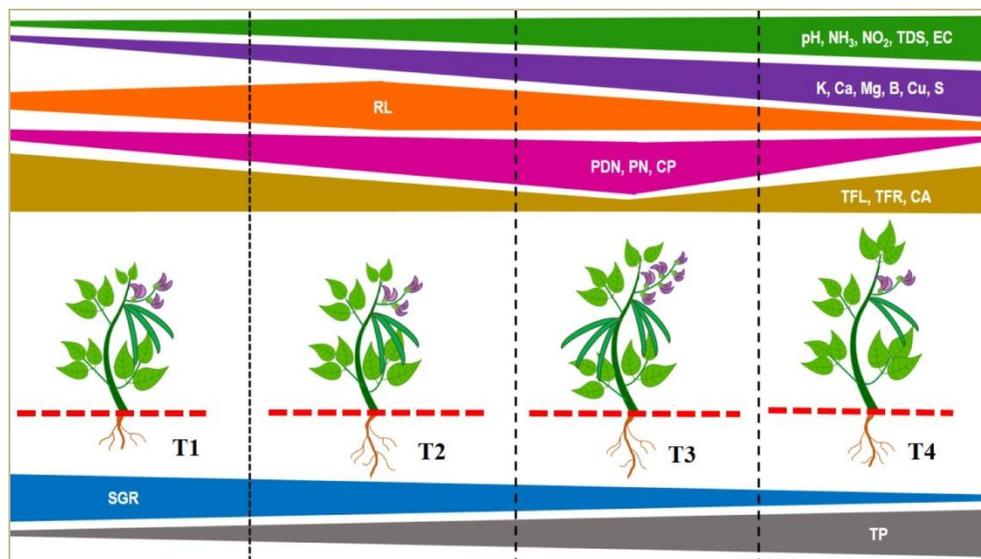


Fig. 4 Conceptual model on the significant effects of four treatments on tank water, cowpea, and the tilapia in aquaponics.

Here, T1: 2.94 kg m⁻³ stocking density of the tilapia; T2: 3.92 kg m⁻³ stocking density of tilapia; T3: 4.90 kg m⁻³ stocking density of tilapia; T4: 5.88 kg m⁻³ stocking density of tilapia; RL: root length; PDN: pod number; PN: picking number; CP: cowpea production; TFL: time for flowering; TFR: time for fruiting, CA: crude ash; SGR: specific growth rate; TP: tilapia production. In the diagram, vertical black lines are used to differentiate the treatments plots; the horizontal red line indicates media base of plants. Moreover, the width of the horizontal and colorful stripes indicate significant differences among the treatments. The highest and the lowest plant heights are shown in the plot of T4 and T1, respectively. Six flowers and cowpeas in T3 indicate the highest cowpea production; two flowers and cowpeas in T4 represent the lowest production of cowpea.

CONCLUSION

In the present study, cowpea production increased with the increasing fish density from 2.94 to 4.90 kg m⁻³, and then drastically reduced at the highest fish density (5.88 kg m⁻³). However, only fish production was increased with the increasing fish density and the highest production was achieved in T4, whereas, SGR of the tilapia reduced with the increasing fish density. Moreover, higher fish densities provided higher quantities of dissolved nutrients for plants but, higher ammonia, nitrite and nitrate escalated the water pH which reduced the nutrients absorption by the cowpea root system. Such combination

resulted in late flower and fruit initiation and lowered the yield of cowpea significantly in T4 (5.88 kg m⁻³). A conceptual diagram on the present experiment is presented in the Fig. (4). The pH control in this study could have enhanced the cowpea production like fish with the increasing fish densities utilizing the higher amount of nutrients available in the water than that in the lower fish density. The increasing fish stocking density acted positively on the fish and vegetable production up to a certain stage, then cowpea could not withstand higher nutrients in aquaponics water. Therefore, considering the water quality parameters, EC, nutrient concentrations, cowpea and fish production, the fish density of 4.90 kg m⁻³ (T3) could be considered suitable fish stocking density in aquaponics to optimize legume crops.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interests regarding the publication of this article.

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