

## Conclusive approach for evaluating bed sediments of Lake Nasser using different indices

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### ABSTRACT

The present study focuses on metals distribution in Lake Nasser sediments and the major objectives of this study are to define the sources of these metals and to select the best indices to be applied for heavy metals assessment. Superficial sediment samples were collected from 10 sites along Lake Nasser (from Arkeen section to Kalabsha section). Samples were detected by inductively coupled plasma for Cd, As, Cr, Pb, Cu, Ni and Zn. The results showed that, Cd and As recorded values were under detection limits in all sites and the trend of metals according to average concentrations follow the sequence of Cu>Zn>Cr>Ni>Pb. The average concentrations of these metals were 106.2, 72.1, 56.4, 50.7 and 18.2 mg/kg respectively. Environmental assessment of sediments pollution by heavy metals was carried out using different indices. Pollution indices are powerful tools for ecological geochemical assessment. The commonly used pollution indices by heavy metals in sediments were classified as two types; single index and integrated index. Four single indices of contamination factor (Cf), ecological risk factor (Er), sediment enrichment factor (SEF) and new index of geo-accumulation (NIgeo) were illustrated. Five integrated indices of pollution load index (PLI), degree of contamination (Cd), modified degree of contamination (mCd), sediment pollution index (SPI) and potential ecological risk index (RI) were also calculated. Based on these indices for identifying the level of heavy metals of Lake Nasser sediments beside applying statistical analysis (cluster variables); the sediment enrichment factor, sediment pollution index and potential ecological risk index were chosen as the best over the other indices. The results also indicated that Cu, Zn, Cr, Ni and Pb in the surface sediment were primarily derived from crustal origin and the natural processes, such as weathering and erosion of bedrock are the main supply sources of heavy metals in sediments along Lake Nasser.

**Keywords:** heavy metals, surficial sediments, pollution index, sediment enrichment factor, Geoaccumulationindex, ecological risk index, sediment pollution index, Lake Nasser

### INTRODUCTION

Heavy metals are the most common environmental pollutants and their occurrence in waters and biota indicate the presence of natural or anthropogenic activities. The metals generated by anthropogenic activities cause more environmental pollution than naturally occurring metals. The existence of heavy metals in aquatic environments has led to serious impacts on plant and animal life (Sheikh *et al.*, 2007). Heavy metals contamination in aquatic environment has drawn particular attentions due to their toxicity, persistence and biological accumulation (Varol, 2011; Jian *et al.*, 2012). Heavy metals have low solubility and accumulated on bottom sediments. Bottom lake sediments are sensitive indicators for monitoring pollutants as they act as a sink and carrier for contaminations in aquatic environment (Caeiro *et al.*, 2005; Bai *et al.*, 2011, Suresh *et al.*, 2012). The measurements of pollutants in water are not

conclusive due to water discharge fluctuations and short resident time. The study of bottom lake sediments plays an important role for their longer residence time, and the role is called the record of history (Mackay, 2001). Environmental quality indices are a powerful tool for development, evaluation and converging raw environmental information to decision makers, managers or for the public. In recent decades, different assessment indices have been applied into estuarine environment (Spencer *et al.*, 2002; Caeiro *et al.*, 2005). In this paper, different sediment quality indices were applied either single or integrated. For instance, sediment enrichment factor (SEF), contamination factor (Cf), ecological risk factor (Er) and new index of geoaccumulation (NIgeo), were considered as single indices. However, potential ecological risk index (RI), sediment pollution index (SPI), contamination degree (Cd), pollution load index (PLI), and modified degree of contamination (mCd) were considered as integrated indices.

The objectives of this study are i) to define the sources of these metals (natural or anthropogenic) in Lake Nasser, ii) to study the potential ecological risk of heavy metals and iii) to select the best indices applying for heavy metals assessment.

## MATERIALS AND METHODS

### Study area and Sampling

The study area, in Lake Nasser (Figure 1 and Table 1), was selected between Arkeen at Km 333.3to Kalabsha at Km 41 upstream the dam during December 2012 to January 2013. This area was chosen to cover the Egyptian part of Lake Nasser which extends to about 350 Km. Superficial sediment samples were collected from 10 sampling monitored sites along Lake Nasser. The samples were transferred into labeled polyethylene bags and stored in the laboratory in a freezer until the time of analysis.

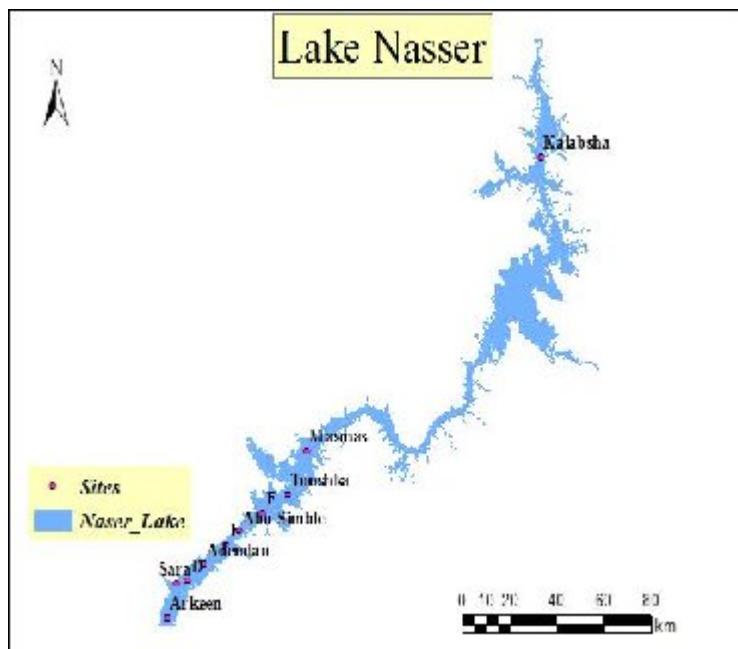


Fig. 1: Sites of sediment samples along Lake Nasser

Table 1: Location of sediment samples

Station No.	Site Name	Coordinates	
		E	N
1	Arkeen	328953.71	2436373.54
2	Sara	33306.00	2449409.00
3	D (Between Sara and Adendane)	337747.41	2450418.96
4	Adendane	344024.03	2456878.76
5	E (Between Adendane and Abu-Simble)	354114.00	2464288.00
6	Abu-Simble	359611.00	2469915.00
7	F (Between Abu-Simble and Toushka)	369691.00	2476277.00
8	Toushka	380380.00	2483665.00
9	Masmas	388206.00	2500164.00
10	Kalabsha	488064.00	2613084.00

## Heavy Metals Analysis

Homogenized sediment samples were dried at 103°C. The dried sediment samples were sieved from 63 µm sieve size for metal analysis. Total heavy metals including Cd, As, Pb, Cr, Ni, Zn and Cu were extracted by aqua-regia (HCl: HNO<sub>3</sub> = 3: 1) using a hotplate maintaining a heating temperature of about 110°C (Binning and Baird, 2001). The extract solution was determined by ICP-MS.

## Statistical analysis

Descriptive statistics and Cluster variables were applied using Minitab 16 Software.

## Environmental Assessment of Heavy Metals

### Pollution Indices

The pollution indices can be classified into two types i) Single indices, and ii) Integrated indices as illustrated in Table (2).

Table 2: Summarizes of the Different Sediment Quality Indices used in this Study.

Sediment Quality Index	Parameters	Evaluation
Contamination factor $C_f = C_{0,1}/C_n$ (Hakanson 1980)	$C_{0,1}$ : mean content of metal $C_n$ : pre-industrial concentration of metal	<1 low contamination 1≤ $C_f$ <3 moderate contamination 3≤ $C_f$ <6 considerable contamination 6≤ $C_f$ very high contamination
Sediment Enrichment factor $SEF = C_f/C_0$ (Riba <i>et al.</i> , 2002)	$C_f$ : total concentration of each metal $C_0$ : background level of metal	< 1 crustal origin > 1 anthropogenic origin
New Index of geoaccumulation $NI_{geo} = \ln(C_n/1.5 \times B_n)$ (Ruiz, 2001)	$C_n$ : concentration of each meta $B_n$ : geochemical background of metal	Unpolluted $NI_{geo}<1$ value Very lightly polluted $1<NI_{geo}<2$ Lightly polluted $2<NI_{geo}<3$ Very highly polluted $NI_{geo}>5$ Highly polluted $4<NI_{geo}<5$ Moderately polluted $3<NI_{geo}<4$
Ecological risk factor $Er^i = Tr^i \cdot C_f^i$ (Hakanson 1980) Toxic response factor (Cu and Pb=5, Cr=3, Zn=1)	$Tr^i$ : toxic response factor $C_f^i$ : contamination factor	Low risk $Er^i<40$ Moderate risk $40\leq Er^i<80$ Very high risk $Er^i>320$ High risk $160\leq Er^i<320$ Considerable risk $80\leq Er^i<160$
Contamination degree (Hakanson 1980) $C_d = \sum C_f^i$	$C_f^i$ : contamination factor	$C_d<8$ low degree of contamination $8\leq C_d<16$ moderate contamination $16\leq C_d<32$ considerable contamination Very high degree of contamination $C_d\geq 32$
Modified degree of contamination $mC_d = \sum C_f^i/n$ (Hakanson 1980)	$C_f^i$ : contamination factor $n$ : number of metals	$mC_d\geq 32$ ultra-high degree of contamination $1.5\leq mC_d<2$ low degree of contamination $2\leq mC_d<4$ moderate degree of contamination $4\leq mC_d<8$ high degree of contamination $8\leq mC_d<16$ very high degree of contamination $16\leq mC_d<32$ extremely high degree of contamination $mC_d<1.5$ nil to very low degree of contamination
Potential ecological risk $Er^i$ : Ecological risk factor $RI = \sum_{i=1}^m Er^i$ (Hakanson 1980)		$RI<150$ low risk $150\leq RI<300$ moderate risk $300\leq RI<600$ considerable risk $RI\geq 600$ very high risk
Pollution Load Index (Tomlinson <i>et al.</i> , 1980) $PLI = \sqrt{Cf1 \times Cf2 \times Cf3 \dots \times Cfn}$	$C_f^i$ : contamination factor	$PLI<1$ unpolluted sediment $PLI>1$ polluted sediment
Sediment Pollution Index $SPI=\sum(EF_m \cdot W_m)/\sum W_m$ (Singh <i>et al.</i> , 2002)	$EF$ : enrichment factor $W$ = toxicity weight of metal $m$	0-2 natural sediment 2-5 low polluted sediment 5-10 moderately polluted sediment 10-20 highly polluted sediment $>20$ dangerous sediment

## RESULTS AND DISCUSSION

### Heavy metal concentrations

The results of descriptive statistics of total metal concentrations at different sampling sites are shown in Table (3). It can be seen from the data that the concentrations ( $\text{mg kg}^{-1}$ ) of the five metals varied widely as follows: Ni, 34-86  $\text{mg kg}^{-1}$ ; Cr, 42-68  $\text{mg kg}^{-1}$ ; Cu, 73-124  $\text{mg kg}^{-1}$ ; Pb, 8-36  $\text{mg kg}^{-1}$  and Zn, 53-93  $\text{mg kg}^{-1}$ . The mean metal concentrations in Lake Nasser decrease in the order Cu>Zn>Cr>Ni>Pb.

Table 3: Descriptive statistics of heavy metals measured in Lake Nasser

Metals	Descriptive Statistics		Canadian Guidelines for Agricultural Land use
Ni	Mean	50.70	<b>50</b>
	Median	45.00	
	Std. Deviation	16.42	
	Minimum	34.00	
	Maximum	86.00	
	Range	52.00	
Cr	Mean	56.40	<b>64</b>
	Median	55.00	
	Std. Deviation	7.68	
	Minimum	42.00	
	Maximum	68.00	
	Range	26.00	
Cu	Mean	106.20	<b>63</b>
	Median	116.50	
	Std. Deviation	19.23	
	Minimum	73.00	
	Maximum	124.00	
	Range	51.00	
Pb	Mean	18.20	<b>70</b>
	Median	14.50	
	Std. Deviation	10.65	
	Minimum	8.00	
	Maximum	36.00	
	Range	28.00	
Zn	Mean	72.10	<b>200</b>
	Median	69.50	
	Std. Deviation	13.57	
	Minimum	53.00	
	Maximum	93.00	
	Range	40.00	

These mean concentrations of the heavy metals were found within the allowable limits of agricultural land use (Canadian Guidelines, 2007) except that of Cu which exceeds the values recommended by the standards. It is worth to mention that,

Cadmium and Arsenic are not detected in all sites. Copper (Cu) is an essential trace element that can be toxic to aquatic biota at high concentrations. Because the variety of organisms live in, or are in contact with bed sediments, sediments act as an important route of exposure to aquatic organisms.

Copper enters aquatic systems through aerial deposition or surface runoff. Because of its affinity for particulate matter, mainly fractions of iron, manganese oxides, and organic matter, Cu tends to accumulate in sediments (Campbell and Tessier, 1996).

### Environmental Assessment

Different sediment quality indices were applied including sediment enrichment factor (SEF), contamination factor (Cf), ecological risk factor (Er), New index of geoaccumulation (NIgeo) which consider as single indices and potential ecological risk index (RI), sediment pollution index (SPI), contamination degree (Cd), pollution load index (PLI), modified degree of contamination (mCd) as integrated indices. The single contamination index only reflects the contamination of single heavy metals. However, in the natural environment, heavy metal contamination is always concomitant and combined. Therefore, the comprehensive contamination index provides the only concrete evaluation of the overall pollution.

In this study, for the index calculation the pre-industrial reference level was chosen as the agricultural land use standards which close to the values recommended by **Hakanson(1980)**.

### Single Indices

Single indices were calculated for five heavy metals and the results are illustrated in Figures (2-5). The results of calculation of **contamination factor (Cf)** showed that, Lake Nasser sediment was low contaminated by Pb, Cr and Zn ( $Cf < 1$ ), while it is moderately contaminated by Cu in all sites and Ni in four sites, where  $Cf > 1$  (Figure 2).

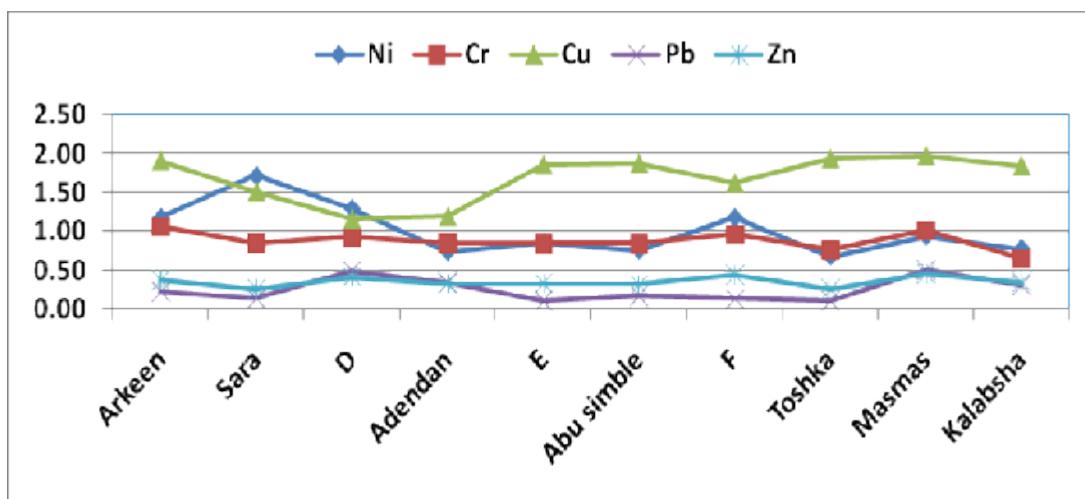


Fig. 2: Contamination factor in bed sediment along Lake Nasser

**Sediment enrichment factor (SEF)** calculation showed that, the heavy metals in bed sediment along Lake Nasser are crustal origin (natural) where  $SEF < 1$  in all sites for all heavy metals. The sediment enrichment factor has the advantage of being

simple to compute and giving the source of heavy metals in bed sediment as revealed in Figure (3).

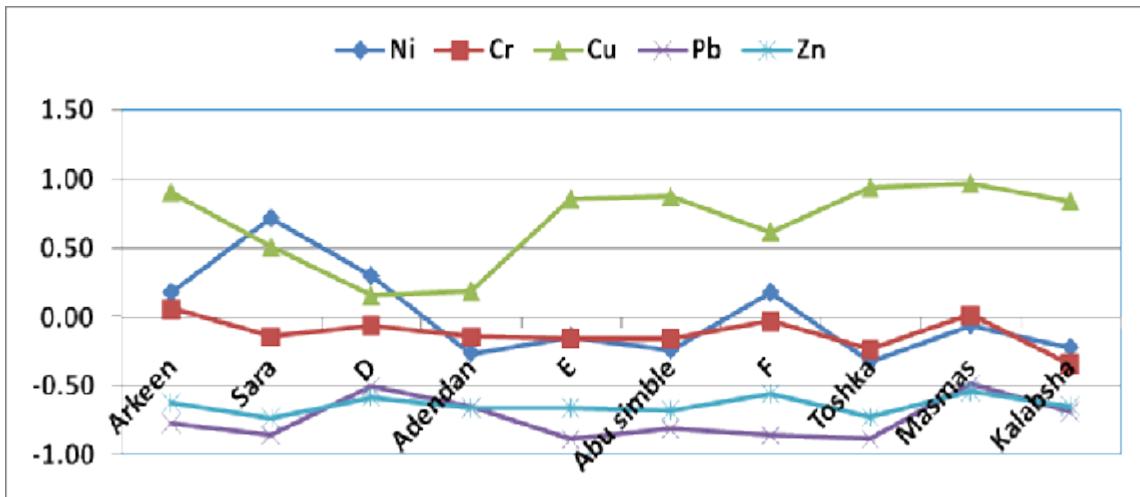


Fig. 3: Sediment enrichment factor in bed sediment along Lake Nasser

**New Index of geoaccumulation ( $NI_{geo}$ )** calculation indicated that, Lake Nasser sediments are unpolluted by heavy metals where  $NI_{geo} < 1$  for all metals (Fig. 4).

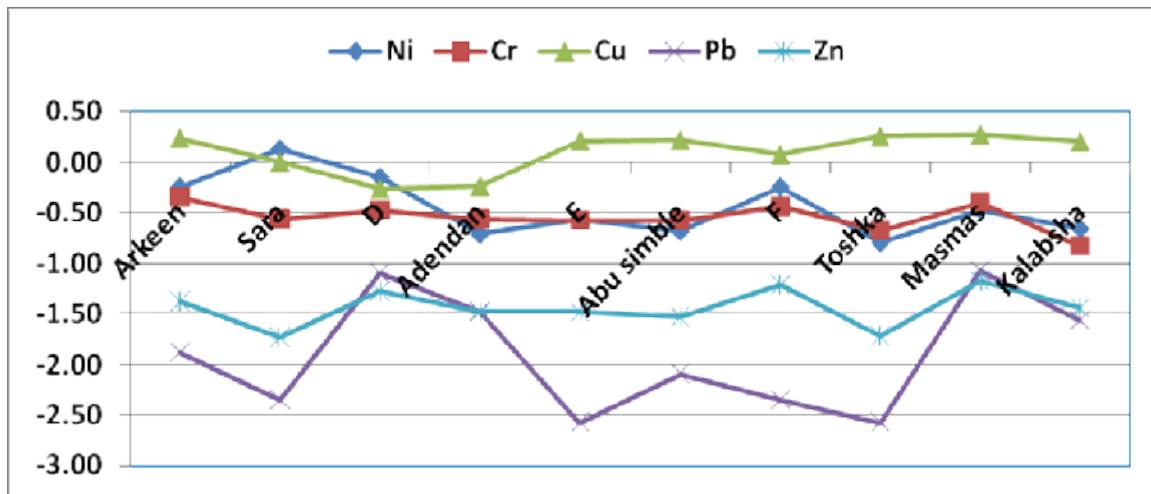


Fig. 4: Index of geoaccumulation in bed sediment along Lake Nasser

**Ecological risk factor (Er)** was applied to detect the potential ecological level of heavy metals in sediments from the Lake Nasser. The calculated ecological risk factor indicated that, the four heavy metals were at low risk, where  $Er < 40$  (Fig. 5). Its worth mentioning that, Ni doesn't has toxic response factor.

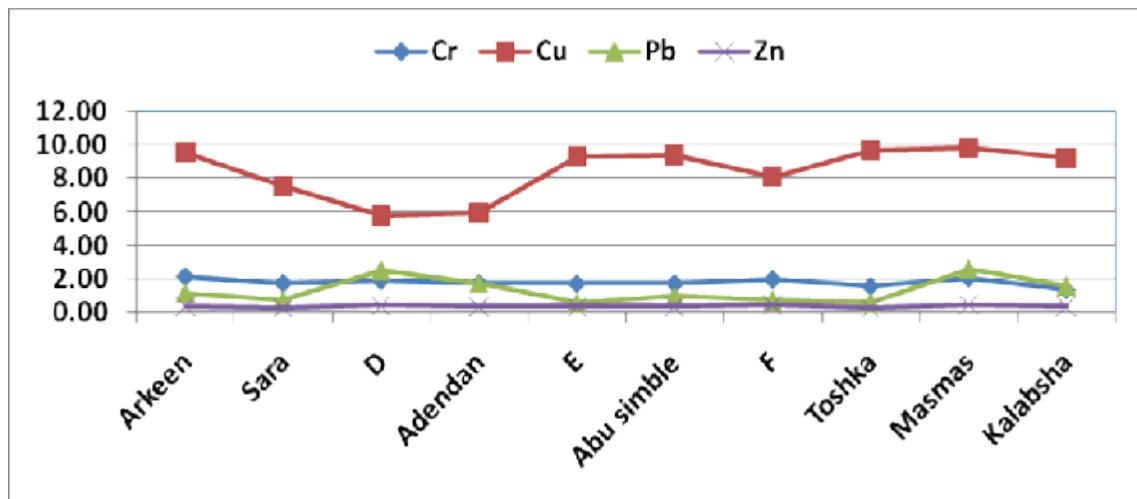


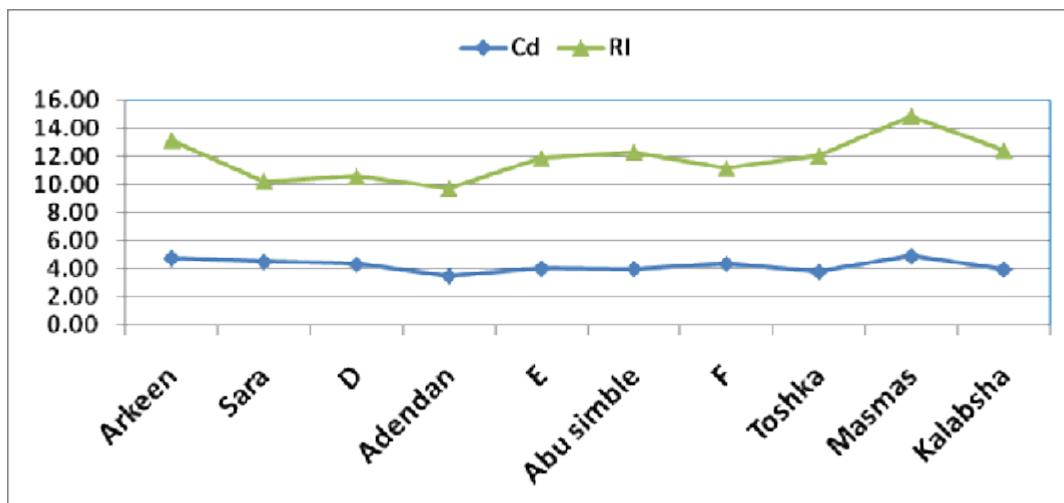
Fig. 5: Ecological risk factoring bed sediment along Lake Nasser

### Integrated Indices

Five integrated indices of pollution load index, degree of contamination, modified degree of contamination, sediment pollution index and potential ecological risk index were also calculated (Fig. 6-7).

**The contamination degree ( $C_d$ )** was aimed at providing a measure of the degree of overall contamination in surface layer of bottom sediment along Lake Nasser. The results of  $C_d$  calculation showed that, its values ranged between 3.47 to 4.9 and the sediment is classified as low degree of contamination by heavy metals ( $C_d < 8$ ) as shown in Figure (6).

**The potential ecological risk index (RI)** was in the same manner as the degree of contamination defined as the sum of the risk factors. The potential ecological risk assessment was applied to detect the potential ecological risk level of heavy metals in sediments from the Lake Nasser. Calculated potential ecological risk index are presented in Figure 6 and their values ranged from 9.73 to 14.91 and the sediments were at low risk level by heavy metals.

Fig. 6:  $C_d$  and RI in bed sediment along Lake Nasser

The results of **modified degree of contamination ( $mC_d$ )** calculation showed that, its values ranged between 0.69 and 0.98 and the sediments were classified as nil to very low degree of contamination as indicated in Figure (7).

**Sediment Pollution Index (SPI):** A multi-metal approach has been introduced for an overall assessment of sediment quality with respect to heavy metals concentrations along with proper consideration to the relative metal toxicity. Figure (7) shows the variation in SPI classes of the Lake Nasser. Stream sediments from Lake Nasser are categorized into SPI0 natural sediments in all sites.

**The pollution load index (PLI)** was proposed by Tomlinson *et al.* (1980) for detecting pollution which permits a comparison of pollution levels between sites. The results of PLI calculation indicated that, the sediment along Lake Nasser are unpolluted by heavy metals where PLI ranged between 0.50 and 0.85 (PLI<1) as shown in Figure (7).

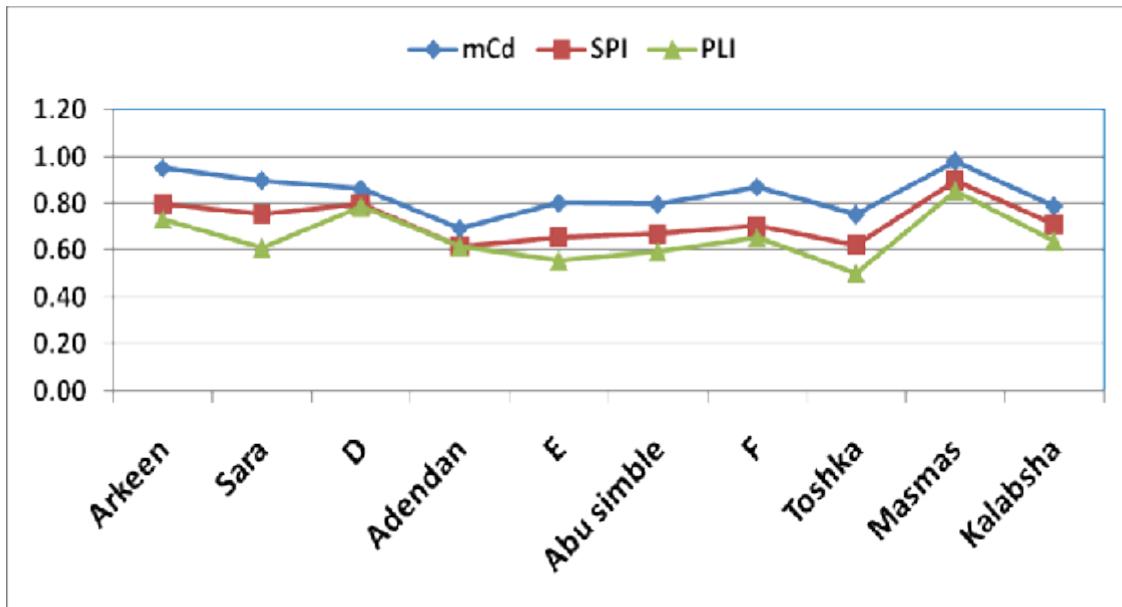


Fig. 7:  $mC_d$ , SPI and PLI in bed sediment along Lake Nasser

### Cluster of Variables

The dendrogram displays the information printed in the form of a tree diagram. Dendrogram suggests indices which might be combined, perhaps by averaging or totaling.

The goal of cluster analysis of variables is to detect the hierarchy of interrelations among a set of indices of a data matrix. Figure 8 shows the dendrogram for the studied indices of all samples data set.

Along Lake Nasser different clusters were extracted as follows:

Cluster 1: Cd, $mC_d$ , PLI and SPI indices

Cluster 2: RI index

This data analysis gives an idea of how the single index should be compared and related to one another. For instance, within all the group of all samples, there was a stronger correlation between the groups of parameters.

It's worth to mention that, SPI was chosen as integrated indices compared with PLI, Cd and  $mC_d$ , taking into consideration the toxicity weight of metal.

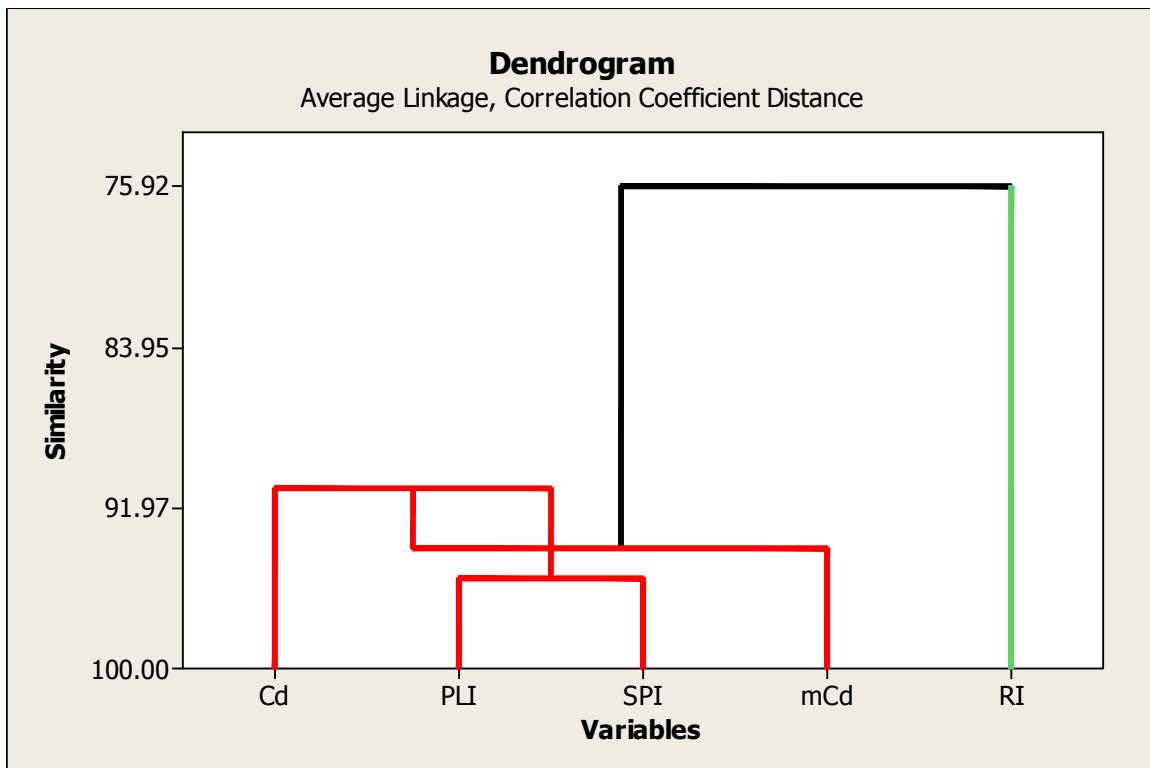


Fig. 8: Dendrogram of integrated indices

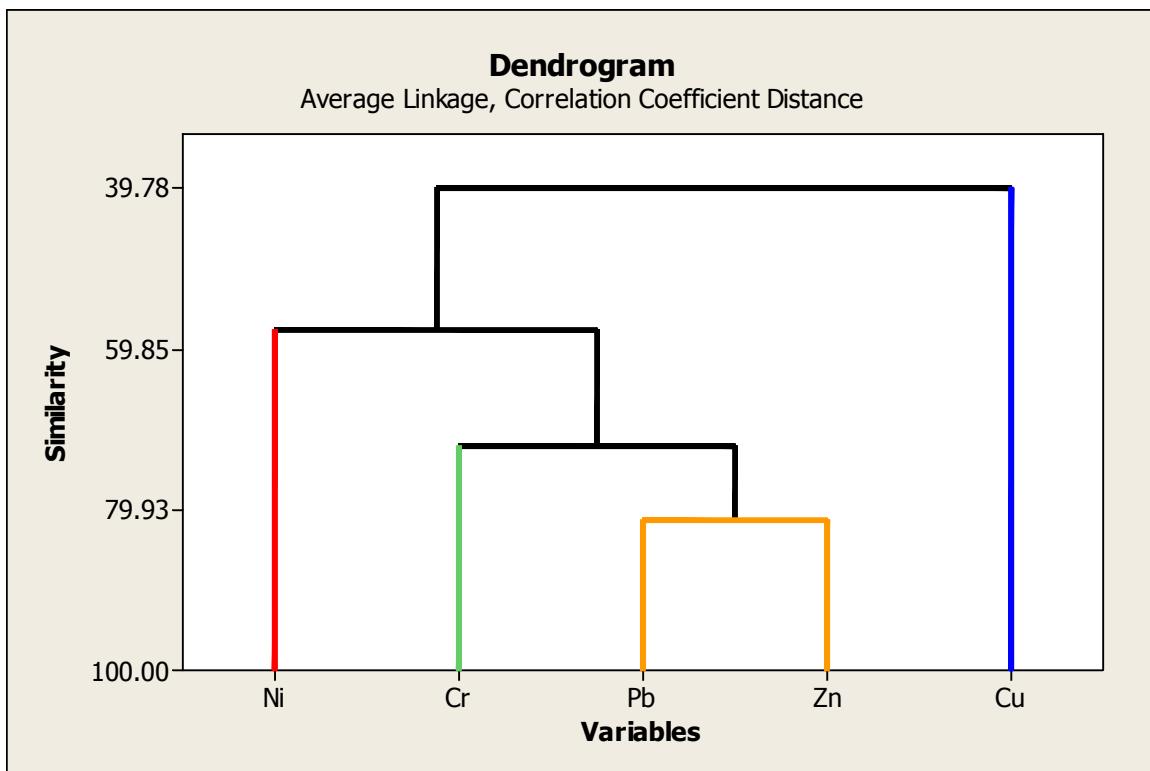


Fig. 9: Dendrogram of heavy metals based on SEF calculation

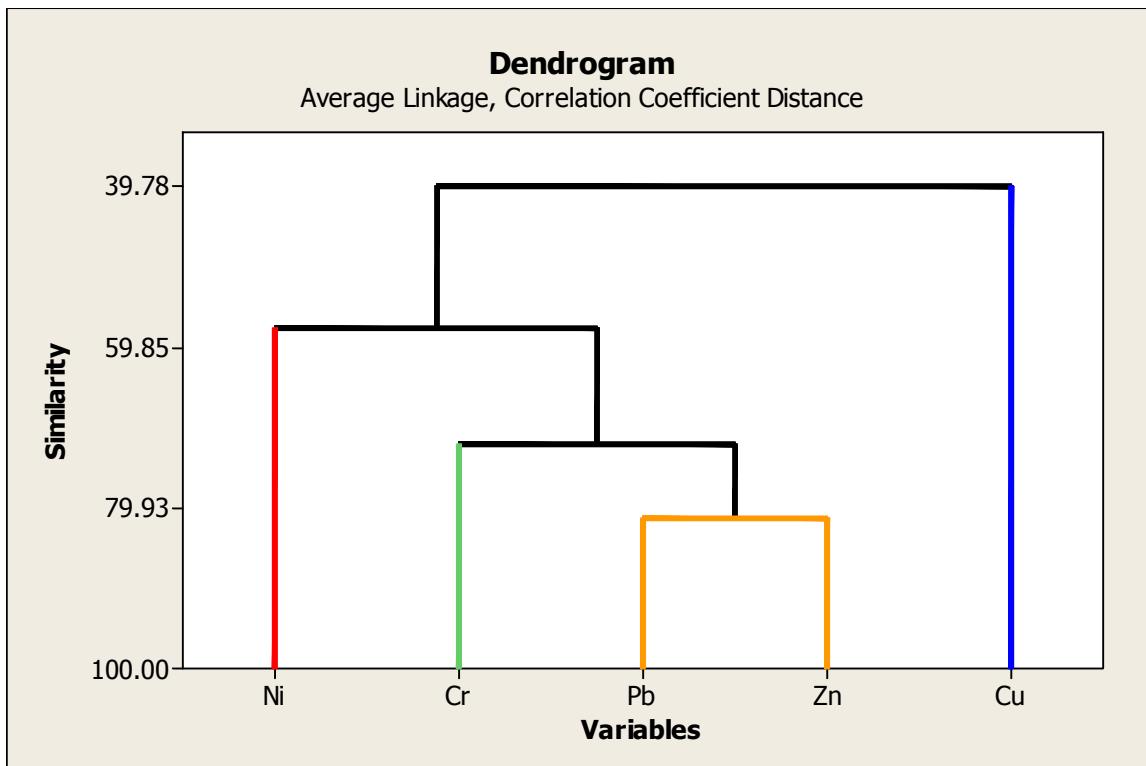


Fig. 10: Dendrogram of heavy metals based on Cf calculation

Figures 9 and 10 show the dendrogram of the studied heavy metals with respect to SEF and Cf calculations of all samples data set. Along Lake Nasser different clusters were extracted as follows:

Cluster 1: Ni

Cluster 2: Cr, Pb and Zn

Cluster 3: Cu

In general, the SEF and Cf have the same classification, but SEF is preferred than Cf, where it gives the source of heavy metals.

## CONCLUSION

In this work, seven heavy metals in surface sediments of Lake Nasser were investigated. Mean concentrations of heavy metals were found within the permissible limits of agricultural land use (Canadian Guidelines, 2007), except that of Copper which exceeds the value recommended by the standard. Cadmium and Arsenic were not detected in all sites. The commonly used pollution indices by heavy metals in sediments were classified into two types of single and integrated indices. Four single indices of contamination factor and five integrated indices were also calculated. The results of metal assessment by indices indicating that, the studied area in Lake Nasser were unpolluted by total of studied heavy metals. Based on these indices for identifying the level of heavy metals of Lake Nasser sediments and applying cluster variables; the sediment enrichment factor, sediment pollution index and potential ecological risk index were chosen as the best over the other indices. The results also indicate that Cu, Zn, Cr, Ni and Pb in the surface sediment were primarily derived from crustal origin and the natural processes such as weathering and erosion of bedrock are considered the main supply sources of heavy metals in sediments along Lake Nasser.

## RECOMMENDATION

It is recommended to apply sediment enrichment factor, sediment pollution index and potential ecological risk index as the best indices for heavy metals assessment. It is also recommended to establish Egyptian sediment quality Guideline.

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## ARABIC SUMMARY

### نهج حاسم لتقدير رسوبيات قاع بحيرة ناصر باستخدام المعاملات المختلفة

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تركز هذه الدراسة على توزيع المعادن في رسوبيات بحيرة ناصر كما أن الأهداف الرئيسية لهذه الدراسة تشمل تحديد مصادر هذه المعادن و اختيار أفضل المعاملات التي يجب تطبيقها لتقدير المعادن الثقيلة. تم جمع عينات الرسوبيات السطحية لعدد ١٠ مواقع على طول بحيرة ناصر (من قطاع كلابشة وحتى قطاع أرقين). تم تقدير تركيزات المعادن عن طريق Inductively Coupled Plasma وهي تشمل الكادميوم، الزرنيخ، الكروم، الرصاص، النحاس، النيكل والزنك. وأظهرت النتائج أن الكادميوم والزرنيخ سجلت فيما تحت مستوى الفياس بجميع الواقع وتم ترتيب المعادن تبعاً لمتوسط التركيز كالتالي النحاس > الزنك > الكروم > النيكل > الرصاص. وقد وجدان متوسط تركيزات هذه المعادن هي ١٠٦.٢، ٧٢.١، ٥٦.٤، ٥٠.٧ و ١٨.٢ ملجم/كجم على الترتيب.

التقدير البيئي لتلوث الرسوبيات بالمعادن الثقيلة تم باستخدام المعاملات المختلفة. معاملات التلوث هي أداة قوية للتقدير البيئي القيوكيميا.

تم تصنيف معاملات تلوث الرسوبيات بالمعادن الثقيلة إلى نوعين من المعاملات الفردية والمعاملات المتكاملة. أربعة معاملات فردية من معامل التلوث (Cf)، معامل الخطير البيئي (Er)، معامل إثراء الرسوبيات (SEF) ومعامل التراكم الـچيولوجي الجديد (Nlgeo) والتي تم إيضاحها.

أيضاً تم حساب خمسة معاملات متكاملة من معامل حمل التلوث (PLI)، ودرجة التلوث (Cd)، درجة التلوث المعدلة (mCd)، معامل تلوث الرسوبيات (SPI) ومعامل المخاطر الإيكولوجية (RI). بناءً على حساب هذه المعاملات لتحديد مستوى المعادن الثقيلة برسوبيات بحيرة ناصر بجانب تطبيق التحليل الإحصائي (التحليل العنقودي للمتغيرات)، تم اختيار معامل إثراء الرسوبيات (SEF)، معامل تلوث الرسوبيات (SPI) ومعامل المخاطر الإيكولوجية (RI) باعتبارها أفضل مقارنة بالمعاملات الأخرى.

كما أشارت النتائج إلى أن النحاس والزنك والكروم والنيكل والرصاص في الرسوبيات السطحية مصدرها القشرة الأرضية كما أن العمليات الطبيعية مثل التجوية والتعرية هي المصادر الرئيسية للمعادن الثقيلة في الرسوبيات على طول بحيرة ناصر.